

Lesson Plan for session 2021 – 2022

B.A pass course (Ist sem) Introduction to Psychology

Month	Unit	Topic
September	Unit 1	Psychology – History, Emergence of Science
October	Unit 1	Subject matter, Methods of psychology
November	Unit 2	Sensory Processes – visual, Auditory, Perception
December	Unit 3	Emotion Motivation
January	Unit 4	Personality Intelligence
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A pass course (3rd sem) Social Psychology

Month	Unit	Topic
September	Unit 1	Introduction – Nature Subject matter
October	Unit 1	Sociometric methods Socialization
November	Unit 2	Group Leadership
December	Unit 3	Attitudes Prejudice
January	Unit 4	Pro-social Behavior Aggression
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A pass course (5th sem) Psychopathology

Month	Unit	Topic
September	Unit 1	Concept of Normality Abnormality
October	Unit 1	Models of psychopathology
November	Unit 2	Classification of psychopathology Diagnostic Assessment
December	Unit 3	Anxiety based disorders Substance – Drug Abuse
January	Unit 4	Mood disorders Schizophrenia
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A pass course (2nd sem) Experimental Psychology

Month	Unit	Topic
April	Unit 1	Attention
		Psychophysics
May	Unit 2	Learning
	Unit 3	Memory
June	Unit 3	Forgetting
	Unit 4	Problem solving
		Statistics
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A pass course (4th sem) developmental Psychology

Month	Unit	Topic
April	Unit 1	Human Development
May	Unit 2	Pre-natal Development, infancy
	Unit 3	Childhood
June	Unit 3	Adolescence
	Unit 4	Adulthood
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A pass course (6th sem) Applied Psychology

Month	Unit	Topic
April	Unit 1	Applied Psychology
		Organisation psychology
May	Unit 2	Guidance
		Counselling
	Unit 3	Health psychology
June	Unit 3	Psychological factors in physical illness
	Unit 4	Forensic Psychology
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A Hons. Applied Psychology (Ist sem) Introduction to Psychology

Month	Unit	Topic
September	Unit 1	Nature History of psychology
October	Unit 1	Psychology as science Methods of psychology
November	Unit 2	Schools of psychology Psychoanalysis
December	Unit 3	Emotion Motivation
January	Unit 4	Personality Intelligence
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A Hons. Applied Psychology (Ist sem) Social Psychology

Month	Unit	Topic
September	Unit 1	Introduction Methods of study
October	Unit 2	Socialization
November	Unit 2	Social perception
December	Unit 3	Attitude Influence
January	Unit 4	Aggression Application of social psychology
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A Hons. Applied Psychology (3rd sem) Developmental Psychology

Month	Unit	Topic
September	Unit 1	Introduction Methods to study development
October	Unit 1	Physical development - patterns of growth
November	Unit 2	Cognitive development Language development
December	Unit 3	Emotional development Moral development
January	Unit 4	Gender stereotype Developmental issues
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A Hons. Applied Psychology (3rd sem) Psychological Testing

Month	Unit	Topic
September	Unit 1	Psychological tests
October	Unit 1	Ethical issues
November	Unit 2	Test construction and norms
December	Unit 3	Reliability Validity
January	Unit 4	Intelligence tests Personality tests
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A Hons. Applied Psychology (3rd sem) research methodology

Month	Unit	Topic
September	Unit 1	Psychological research
October	Unit 1	Hypothesis
November	Unit 2	Types of research
December	Unit 3	Methods of data collection
January	Unit 4	Research design
February	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A hons. Applied psychology (2nd sem) Elementary statistics

Month	Unit	Topic
April	Unit 1	Introduction
		Statistics in psychology
May	Unit 2	Organisation of data
		Frequency distribution
		Graphical representation
June	Unit 3	Measures of central tendency
		Normal distribution
	Unit 4	Correlation
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A hons. Applied psychology (2nd sem) Experimental Psychology

Month	Unit	Topic
April	Unit 1	Nature
		Sensation
May	Unit 1	Perception
	Unit 2	Perceptual Illusion
June	Unit 3	Learning
	Unit 4	Memory
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A hons. Applied psychology (4th sem) Cognitive Psychology

Month	Unit	Topic
April	Unit 1	Nature Approaches of cognitive psychology
May	Unit 2	Methods to study cognition Attention
	Unit 3	Thinking
June	Unit 3	Problem solving
	Unit 4	Language and reasoning
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A hons. Applied psychology (4th sem) Physiological Psychology

Month	Unit	Topic
April	Unit 1	Nature Methods of study Biological basis
May	Unit 2 Unit 3	Central nervous system Neuropsychological testing Hormones and behaviour
June	Unit 3 Unit 4	Motivation and emotion Physiological mechanisms Psychophysiology of sleep
July	Revision	Revision

Lesson Plan for session 2021 – 2022

B.A hons. Applied psychology (4th sem) Psychology of Individual Differences

Month	Unit	Topic
April	Unit 1	Nature Personality and perspective
May	Unit 2	Intelligence Approaches to intelligence
June	Unit 3 Unit 4	Creativity Enhancing individual potential
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (3rd sem) Psychopathology

Month	Unit	Topic
September	Unit 1	Meaning and approaches
October	Unit 1	Classification of Abnormal Behaviour (DSM, ICD)
November	Unit 2	Clinical Patterns of Anxiety based disorder
December	Unit 3	Clinical patterns of Schizophrenia, mood disorder, delusional, organic mental disorder and substance related
January	Unit 4	Clinical patterns of psychophysical disorders and childhood disorders
February	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (3rd sem) Industrial Organizational Psychology

Month	Unit	Topic
September	Unit 1	Introduction and behaviour in organisations
October	Unit 2	Job analysis Personnel selection Personnel training
November	Unit 3	Job and work environment Human performance
December	Unit 3 Unit 4	Evaluation and appraisal Work related attitudes
January	Unit 4	Organizational commitments Work motivation
February	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (3rd sem) Principles and Application of guidance

Month	Unit	Topic
September	Unit 1	Guidance Guidance services
October	Unit 1	Role of teachers in school guidance
	Unit 2	Assessment in guidance
November	Unit 2	Psychological tests School testing programme
December	Unit 3	Group guidance Techniques of group guidance Vocational guidance
January	Unit 4	Educational guidance Personal guidance Guidance personnel
February	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (3rd sem) Life Span Human Development

Month	Unit	Topic
September	Unit 1	Human development
October	Unit 1	Genetic and environmental foundations of development
November	Unit 2	Methods of study Approaches of development
December	Unit 3	Prenatal development Postnatal development
January	Unit 4	Physical development Motor development
February	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (4th sem) Clinical Psychology

Month	Unit	Topic
April	Unit 1	Nature Professional issues
May	Unit 2 Unit 3	Clinical Assessment Psychological tests Clinical intervention Psychoanalysis Behaviour therapy Hypnosis and biofeedback
June	Unit 4	Clinical intervention Chemotherapy ECT
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (4th sem) Industrial Organizational Psychology

Month	Unit	Topic
April	Unit 1	Organisational structure Organizational culture
May	Unit 2 Unit 3	Communication Decision making Group dynamics and teams Leadership
June	Unit 4	Organizational conflict Organizational change and development
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (4th sem) Principles and Application of Counselling

Month	Unit	Topic
April	Unit 1	Counselling Counselling process
May	Unit 2 Unit 3	Counselling techniques assessment in counselling Counselling and Psychotherapies Organizations & mental health settings
June	Unit 4	Counselling application Ethical and legal issues in counselling practice
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (4th sem) Life Span Human Development

Month	Unit	Topic
April	Unit 1	Cognitive development Language development Emotional development
May	Unit 2 Unit 3	Development of self Sex role development Transition from childhood to adolescence Ecology of development
June	Unit 4	Problems of aging Psychological issues
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (1st sem) Systems and Theories

Month	Unit	Topic
January	Unit 1	Psychology as science
		Schools
	Unit 2	Functionalism
		Behaviourism
February	Unit 2	Gestalt psychology
	Unit 3	Psychoanalysis
		Individual psychology
		Analytic psychology
March	Unit 4	Field theory
		S-R theory

Lesson Plan for session 2021 – 2022

M.A Psychology (1st sem) Experimental Psychology

Month	Unit	Topic
January	Unit 1	Nature Sensory processes
	Unit 2	Perception
February	Unit 2	Perceptual constancy
	Unit 3	Psychophysics Signal detection theory
March	Unit 4	Learning
		Nature and theories

Lesson Plan for session 2021 – 2022

M.A Psychology (1st sem) Social Psychology

Month	Unit	Topic
January	Unit 1	Nature and methods
	Unit 2	Socialization
February	Unit 2	The self
	Unit 3	Social perception
		Social cognition
March	Unit 4	Attitude
		Prejudice and discrimination

Lesson Plan for session 2021 – 2022

M.A Psychology (1st sem) Research methods and statistics

Month	Unit	Topic
January	Unit 1	Psychological research Hypothesis and variables
	Unit 2	Types of research
February	Unit 3	Normal probability curve
		Hypothesis testing
		Correlation
March	Unit 4	Methods of correlation

Lesson Plan for session 2021 – 2022

M.A Psychology (2nd sem) Physiological Psychology

Month	Unit	Topic
April	Unit 1	Nature and scope Methods of study
May	Unit 2 Unit 3	Neurons Central nervous system Motivation and Emotions
June	Unit 4	Electrophysiological mechanisms of learning and memory Sleep
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (2nd sem) Cognitive Psychology

Month	Unit	Topic
April	Unit 1	History and scope Methods of study
May	Unit 2 Unit 3	Attention Pattern recognition Memory & Eye witness testimony
June	Unit 4	Language Thinking and problem solving
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (2nd sem) Social Psychology

Month	Unit	Topic
April	Unit 1	Group Dynamics Group norms
May	Unit 2 Unit 3	Leadership Social influence Interpersonal relationship and Interpersonal influence
June	Unit 4	Prosocial behaviour Anti-social behaviour
July	Revision	Revision

Lesson Plan for session 2021 – 2022

M.A Psychology (2nd sem) Research methods and Statistics

Month	Unit	Topic
April	Unit 1	Research design Quasi experimental designs
May	Unit 2 Unit 3	Sampling Data collection techniques Analysis of variance Regression prediction
June	Unit 4	Non parametric statistics
July	Revision	Revision