

Best Practice: - Mental Health Awareness Week

Brochure and Schedule



DEPARTMENT OF PSYCHOLOGY
GOVT. P.G. COLLEGE, SEC-1, PANCHKULA



organises **MENTAL HEALTH AWARENESS WEEK (10th-15th October, 2022)**
on the occasion of *World Mental Health Day*

Theme- Mental Health: A Global Priority

Registration link: <https://forms.gle/EM8cjKPoM22hoh3i9>

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| 10/10/2022 | • National Webinar on “Mental health: Overcoming the stigma of mental illness” https://meet.google.com/icr-cpam-iyx |
| 11/10/2022 | • Lecture on stress management
• Inauguration of “Wall of Hope” |
| 12/10/2022 | • Slogan/Poster making competition |
| 13/10/2022 | • Community service: Raising awareness about mental health outside college premises |
| 14/10/2022 | • Radio broadcasting: Interview with expert on mental health of youth
• Paper presentation on mental health issues |
| 15/10/2022 | • Award and Valedictory function |

Chief Patron

Ms. Babita Verma
Principal

Patron

Dr. Sajjan Kumar
Dr. Anita Singh

Coordinators

Dr. Parvesh Kumar
Ms. Renu
Ms. Nayantara Chauhan

Organising Committee

Dr. Rinki
Dr. Jyotsna Kaushik
Mr. Parmod
Dr. Sumita Chahal
Ms. Preeti Janjhotra

Certificates for the National Webinar will be issued only for registered candidates.

National Webinar on Mental Health: Overcoming the Stigma of Mental illness

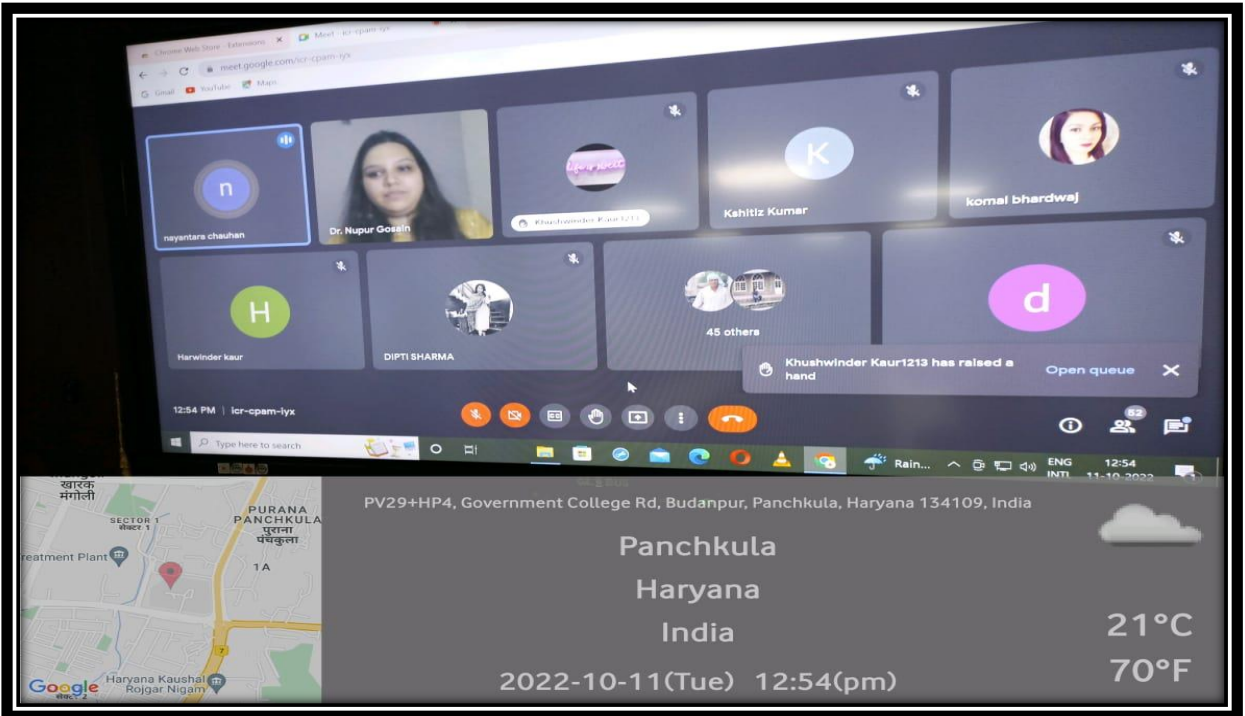


The Wall of Hope





Expert Lecture on Stress Management





Raising Awareness by Slogans and Posters



PV29+JQW, Sector 1, Panchkula, Haryana 134109, India

Panchkula
Haryana
India

☀️
26°C
79°F

2022-10-12(Wed) 11:09(am)



Community Service: Raising Awareness outside the College Campus





Radio Broadcasting: Interview with Expert on Mental Health of Youth



Nukkad Natak and Valedictory Ceremony





