

#### Criteria 1: Curricular Aspects

1. Is there any new course added during the Session 2021-22 in your department? If yes, then provide the following information:

Program code	Program Name	Course code	Course Name	Year of introduction
	<ol> <li>Post Graduate Diploma</li> <li>In Nutrition And</li> <li>Dietetics</li> </ol>			2021-2022
	2.M.Sc. Botany			2021-2022

# 2. How does the Department ensure effective curriculum delivery through a well planned documented process. (Description in 100 words). Provide all the necessary proofs duly signed by the Principal with seal.

The institution ensures that KUK academic calendar is followed religiously and curriculum delivery prescribed by the Kurukshetra University through its Boards of Studies is done in a systematic manner. In the beginning of the session, an orientation programme is organized for students to make them familiar about the academics (i.e. syllabus, house tests, attendance, internal assessment, practicals, examination scenario etc.), various activities and different committees. Faculty wise time table is prepared as per the workload. A comprehensive lesson plan is prepared by each department which include the delivery of lectures, assessment etc. Unit Tests are conducted periodically and discussed with the students in the class room Assignments, seminars or projects are given to the students under the supervision of the faculty. Departmental Activity Calendar is prepared which includes various co-curricular activities. Extension lectures of eminent faculty members from other institutions are arranged to give exposure of the current trends and the latest subject knowledge. ICT is used for effective teaching by the teachers of various departments. Language lab has modules based on grammar and vocabulary. The faculty members encourage the students to read the reference books and take use of e- resources available at the college library to update and enhance their subject knowledge.

# 3. Provide the information regarding Staff members who participated in the following academic bodies(2021-2022):

- i. Academic Council/Board of studies
- ii. Setting of Question Paper for UG/PG Programs
- iii. Design and Development of curriculum for Add on/certificate/Diploma courses.
- iv. Assessment/Evaluation Process

Year	Name of teacher participated	Name of the body in which full time teacher participated		
		Participated in UG Board meeting in		
2021-22	Dr. Kuldeep Singh	department of sociology		
	Dr. Sajjan Kumar	Setting of question paper for UG/PG		
2021-22				
		Setting of question paper for UG/PG		
2021-22	Dr. Anita Singh			
		Setting of Question Paper for B.A (Honors)		
2021-22	Dr. Prem lata Yadav	4 th sem.		
All the staff members did assessment and evaluation				

- 4. Is there any value added course / add on/ certificate programme added in your department during the year 2021-2022? The program should be more than 30 hrs. If yes then provide the hard copy of following documents Nil
- 5. Mention the courses which address the Professional Ethics, Gender, Human Values, Environment and Sustainability into the Curriculum. (Provide proofs with Principal's Signature)
  - \* Military Science :-Military ethics, International Relations.
  - \* Musical Instrumental:
    - a) Role of Music in International Cultural Exchange prescribed in B.A V Sem
    - b) Learning of six main ragas which are associated with the seasons of the year like Raga Basant, Raga Malhar, as well the the devotional Ragas
    - c) Life sketches of legendary female artists in the syllabus of B.A. Sem IV
    - d) Tuning, management, handling and techniques of different Music Instruments
    - e) Introduction of different Folk Musics and their evaluation in practicals in Sem II, IV and VI
  - **\*** English:

COURSE-XV: Literature and Gender (Part-I) Unit-I Charlotte Bronte: Jane Eyre Unit-II Virginia Woolf: To the Lighthouse Unit-III Virginia Woolf: A Room of One's Own Unit-IV Doris Lessing: The Golden Notebook

#### COURSE-XX: (Option-i) Literature and Gender (Part-II) Unit-I Simone de Beauvoir: The Second Sex (Only the following sections are prescribed: "Introduction", "Book One", "Part-VII of Book Two") Unit-II Toni Morrison: Beloved Unit-III Alice Walker: The Color Purple Unit-IV Shashi Deshpande: That Long Silence

Name of Program	Name of Paper	Paper Code
M.COM	Organizational Behaviour	MC 101
M.COM	Marketing Management	MC 106
M.COM	HRM	MC 201
M.COM	International Business Management	MC 202
в.сом	Principles of Business Management	BC103
B.COM	Business Environment of Haryana	BC 206
B.COM	Rural Marketing	BC 306
в.сом	HRM	BC 403
B.COM	Business Environment	BC 405

**\*** Commerce

6. Details of courses that include experiential learning through project work/field work/internship during the year

Progra m name	Program code	Name of the Course that include experiential learning through project work/field work/internship	Course code	Year of offering	Name of the student studied course on experiential learning through project work/field work/internship	Link to the relevant docume nt
				2021-	Hardeep kaur Sagar	
PGDT		Project work	04	2022	Aditya Kumar	

B.Sc. IIIrd (Biotech	NIL	Project Work	XV	2021- 2022	Riya Nair, Komal, Alkin Choudhary, Samrity, Taranjeet, Ghanshyam, Chander Mohan, Muskan, Amandeep, Deepanshu Soni
PGDND		Three months mandatory Internship for students of PGDND		2021- 2022	Purnima, Annie, Tosh, Anisha, Nisha, Bhateri, Jayanrti, Shallu

7.Number of students undertaking project work/field work/ internships

Programme name	Programme Code	List of students undertaking project work/field work/internship	Link to the relevant document
	3 months Internship in		
PGDND	PGDND	8	
PGDT		3	

## Criteria II

# 1. How do you assess the learning levels of students and which special program do you organize for slow and advanced learners? Give details and provide documentary proof

An orientation programme is conducted in the beginning of the session to make aware about the college infrastructure, rules, regulations and the academic and extracurricular activities and help them to adjust in the new environment. A Mentor- mentee group of about 25 - 30students each are formed. Mentors interact with their mentee groups in the tutorial to identify the slow and advanced learners and help them in identifying their strengths and weaknesses. Counseling Cell helps the students in their emotional and psychological needs. The teachers work to the best of their capacities to develop different skill sets among the students and use different methodologies, like tabulatiob, flow chart, etc., to suit the low and high performing students. The advanced learners are motivated to make optimum utilization of the library facility, consult reference books, explore the study material available online to develop the better understanding of the subject. The teachers guide them for competitive exams. Special attention is given to the slow learners to improve their performance. Doubt sessions and extra classes are conducted. The students who consistently excel in studies help the slow learners to develop an understanding of the topics and also to encourage them to participate in different activities conducted in the college. 2. Which student centric methods (such as experiential learning, participative learning and problem solving methodologies) are adopted by you for enhancing the learning experience? Give details and provide documentary proof.

All departments of the institute conduct innovative programs which encourage the creative ability of students, build up latest skills, knowledge, attitude, values and provide them a platform to improve their problem-solving skills and ensure participative learning. The several student-centric methods adopted are: efficient use of Language lab, interactive classes, written assignments, Case study, educational tours, power point presentations, debates, group discussions, declamations, poetic recitation, paper reading, slogan writing, quizzes, essay writing competitions, poster making competition. Cultural events give the students exposure of stage, management and audience expectations which enhances their participative learning. In addition to the traditional teaching-learning methods, the institute is providing innovative student-centric methods such as Audio- Visual methodology, Workshops, extension lectures, Science Exhibitions, Role play, movie based on curriculum, Laboratory Sessions, Industrial and field visits (viz. visit to Bureau of Indian Standards, BIS Lab Mohali, Cactus Garden, Hospital), Project-based learning, Worksheets, Journal Review, Research projects, Language games, Viva, Public Speaking. The students are involved in activities like installation of bird nests and feeders. The NSS and NCC units of the college organize various camps and activities like swacchata pakhwada, blood donation camp, cycle rally, tree plantation etc. to instill values like community feeling, social service, self-sacrifice, love and compassion for human beings that helps in developing the overall personality of the students. E-Karma and Incubation Centre are operative in college campus to provide training to budding freelancers and entrepreneurs.

# 3. Which ICT tools do you use for effective teaching-learning process? Give details and provide documentary proof.

The faculty members used various ICT tools for effective teaching-learning process

- Various tools in English language Lab including webpage links are used for film screening based on prescribed syllabus and activities like Grammar Quiz and Listening comprehension contests to build up the communication skills of the students
- Smart classrooms equipped with audio visual aids, internet facilities.
- Use of power point presentation, WhatsApp groups, google classrooms, Mentimeter, video clippings, online resources via youtube channel
- Various activities such as seminars, workshops, extension lectures and meeting are conducted in seminar hall equipped with all the multimedia gadgets via LCD projectors, internet facilities, cameras, DSLR tripod for videograph, digial smart podium, wireless mike, selfie ring light etc. Many competitions like PPT presentation, declamation, debate, documentary presentation, Essay writing competition, quiz etc. at college and district levels are also organised in the seminar hall.

#### 4. Which mechanism do you use for internal assessment?

- The institution follows the guidelines of Kurukshetra University, Kurukshetra for internal assessment. Internal assessment in all UG and PG courses is 20% which is figured out based on the parameters of two hand written assignments(10%), one class test(5%) and 75% compulsory attendance per semester:
- ✤ Marks for attendance will be given as under: 90% onwards 5 Marks
  - 81%-90% 4 Marks
  - 75%-80% 3 Marks
  - 65%-70% 1 Mark
- The college makes sure that the internal evaluation of students is monitored throughout the year by a specific internal assessment committee. Complete transparency is executed in communicating the whole process of internal assessment to the students who are regularly directed to take the attendance and class test seriously as this is the mandatory condition laid down by the University for appearing in the final examination.

# 5. How do you deal with internal examination related grievances? Write in about 100 words

There is an internal assessment committee in the college to ensure smooth, transparent and timely assessment work. At the beginning of the new academic session fresh entrants are informed about the internal assessment process during orientation programme. The rules are displayed on the notice boards also. Evaluated assignments and test answer sheets are shown to the students thereby making the students aware of their performance.

The marks obtained by students are displayed on the notice boards before forwarding to the university and the students are given sufficient time to report any grievance. The grievances, if any, are resolved promptly by the concerned teachers. The marks of internal assessment are entered on the university portal and the record of the same is also kept in the college.

For practical examinations, the affiliated university constitutes a panel of examiners. Practical exams are conducted according to university norms in the presence of the external examiner. The award lists of practical exams are sent to the university and the record of the same is kept in the college.

# 6. Describe the Program outcomes and Course outcomes of all the programs of your department. (Create a spreadsheet and provide documentary proofs)

Dept	Name of	Programme	Name of the course	Course outcome
	program	outcome		
	me			

Defence	B.A	Teach students about international relationships and strategies related to military forces	UG	Students come to know about the basics of defence strategies and international relationships.
English	M.A English B.A English Honors	<ul> <li>The program enhances critical thinking of students.</li> <li>Introduces different literary periods.</li> <li>Enhances critical thinking</li> </ul>	<ul> <li>Literature in English from 1550-1660</li> <li>Literature in English from 1660-1798</li> <li>Literature in English from 1798-1914</li> <li>Literature in English from 1914-2000</li> <li>Study of a Genre : Fiction <ul> <li>Critical Theory</li> <li>American Literature</li> </ul> </li> <li>Indian Writing in English <ul> <li>English Language</li> <li>Literature and Gender</li> </ul> </li> </ul>	<ul> <li>The students will come to Know about major literary figures/ movements of the mentioned period They will also learn how the literature of the period paved the way of upcoming writers</li> <li>The students would understand the Age of Prose and Reason and the city life reflected in the literature of the age</li> <li>The students will come to know the leading poets of Romantic and Victorian Age</li> <li>The students will come to know the modern and Post- modern poetry</li> <li>The students will come to learn about the theory and practice of fiction in this course</li> <li>The students will come to know about Puritanism, Transcendentalism, Romanticism and Realism</li> <li>The students will be familiar with the Indian milieu through the classical and modern literary texts</li> <li>This course will develop the students' analytical fecundity and will enable them to appreciate literary and linguistic nuances</li> <li>The students will be able to understand the way patriarchy has constructed power structures to subjugate the women</li> </ul>
Music (I)	Proficienc y in playing	To know the lives of great musician who are torch-	To know about your instrumental in structure, its sound Producing system and	Students will develop critical thinking about music (i.e. analysis, critical listening, and performance

	Alankar , which are helpful in further learning of ragas.	bearers of Indian classical music.	tuning of the instrumentals. To Understand the basic swara	evaluation.)
Pol Sci	Masters	To develop deeper understanding of Political Science.	•	Different papers are taught in Masters. Students learn both theoretical and practical aspects of Political Science. They learn about Basic concepts of subject, Political Theory, Public administration, Western Political Thought,Indian constitution and Govt. , International politics.
Hindi			B.A.	Purpose of the course is to provide students with knowledge of Hindi language and literature. To know about various poetic streams related to Hindi language and literature. Evaluating the concept of Hindi from past to present. To provide basic knowledge of Hindi grammar and literature. To develop effective communication skills in Hindi language. To enrich Hindi vocabulary. To spread the knowledge of our national language to people.
Mass Comm.	BAMC	The students will be able to understand concepts in communication mass and shall be able to implement them in not only their professions but everyday life. Communication is integral to human expression and growth and has taken many forms over the centuries.	BAMC	Students will earn a UG level degree in Mass Communication

	The students will be able to identify the use of media in providing meaningful information. After the completion of the course the students will be able to explain and review on critical evaluation on all aspects of mass communication		
Physics B.Sc Non Medical	Capable of demonstrating comprehensive disciplinary knowledge gained during course of study. 2. Communication: Ability to communicate effectively on general and scientific topics with the scientific community and with society at large. 3. Problem Solving:	<ol> <li>2. Electricity, Magnetism and Electromagnetic Theory</li> <li>3. Computer Programming and Thermodynamics</li> <li>4. Wave Optics-I</li> <li>5. Quantum and Laser Physics</li> <li>6. Nuclear Physics</li> <li>7. Properties of Matter and Kinetic Theory of Gases</li> <li>8. Semiconductor Devices</li> <li>1. Statistical Physics</li> <li>2. Wave and Optics-II</li> <li>3. Solid State and Nano</li> </ol>	<ul> <li>Learn the concept of conservation of energy, momentum, angular momentum Hamilton's variation principle, Lagrange's equation of motion,</li> <li>*Differentiate between inertial and Non-inertial frame of references. Understand the importance of Michelson Morley's experiment in reference to special theory of relativity. Describe special relativistic effects and their effects on the mass and energy of a moving object</li> <li>Explain and differentiate the vector and scalar formalisms of electrostatics. Understand the properties and theories of dia-, para- &amp; ferromagnetic materials</li> <li>The students will also be able to have basic idea about the propagation of electromagnetic waves</li> <li>Analyze AC circuits consisting of parallel and/or series combinations of voltage sources and resistors ,inductor and capacitors</li> <li>Understand the Fortran program, the basic concepts of</li> </ul>

5. Investigation of			thermodynamics, the first and
Problems: Ability	,		the second law of
of critical thinking			thermodynamics, T-S diagram
analytical reasoning			and Nernst heat law (third
and research based			law of thermodynamics). The
knowledge			students will also be able to
including design of	,		learn about Maxwell's
experiments,			thermodynamic relations their
analysis and			physical interpretations
interpretation of		•	Concepts of Interference,
data to provide			Young's double slit and
conclusions.			diffraction, Fraunhoffer and
6. Modern Too			Fresnel. Interference by
usage: Ability to			Division of Amplitude,
use and learn			Newton's Ring. Its uses in day
techniques, skills			to day life.
and modern tools		•	Inadequacies of classical and
for scientific			quantum. Understand the
practices.			central concepts of quantum
7. Science and			
Society: Ability to			mechanics, Schrödinger
			equation, barrier and Harmonic
apply reasoning to			Oscillator.
assess the different		•	Also, students will be able to
issues related to			understand different type of
society and the			lasers i.e. semiconductor, He-
consequent			Ne and Ruby.
responsibilities.		•	Basic structure and properties
8. Ethics: Apply			of nucleus, alpha, beta and
ethical principles			gamma decays, various
and professional			accelerators and detectors.
responsibilities in			Different type of nuclear
scientific practices.			reaction and reactors. Students
			will learn about nuclear
			reactors in India.
		•	Understand the application of
			both translational and
			rotational dynamics motions
			and also understand the
			principles and basic terms
			related to elasticity's constant.
			Learn the basic aspects of
			kinetic theory of gases,
			Maxwell-Boltzman
			distribution law,
			,
			equipartitation of energies,
			mean free path of molecular
			collisions, viscosity, thermal
			conductivity, diffusion.

r		
		• Understand the basic concepts of PN Junction, regulators,
		filters, transistors, its biasing, amplifiers, feedback and
		oscillators and CRO.
		• Basic concepts of micro and macro states, probabilities,
		fluctuations and entropy,
		Classical M-B statistics,
		quantum Fermi and Bose
		Einstein statistics, various Dulong-Petit, Einstein theory
		and Debye Theory.
		• Various concepts of
		polarization, e-ray and o-ray, Quarter wave plate and half
		wave plate, production and
		detection of (i) Plane
		polarized light (ii) Circularly polarized light and (iii)
		Elliptically polarized light,
		Fourier analysis,
		• Fiber optics and its applications, single mode and
		multimode fibers.
		• Students will learn about the
		crystals, unit cells, reciprocal
		lattice, X-ray diffractions, superconductors, BCS theory
		and concepts of nanophysics.
		This is quiet useful in research
		areas like material science, nanotechnology etc.
		• Understand the basic concepts
		of vector atom model of single
		and two electron model, Zeeman and Stark effect.
		Rotational, vibration and
		electronic spectra and Raman
		<ul><li>Effect.</li><li>perform experiments related to</li></ul>
		mechanics (compound
		pendulum), rotational
		dynamics (Flywheel),
		elastic properties (Young Modulus and Modulus of
		Rigidity) and fluid dynamics
		(verification of Stokes law,

History	1.M.A.His tory (Previous) 2.M.A.(Fi nal) 3.B.A.	to develop - *self directed learning *knowledge of historical emergence *problem solving attitude *critical thinking *ethics	* Colonial India	<ul> <li>Searle method), p-n junction diode, zener diode etc.</li> <li>Perform experiments of electronics, optics and Fortran.</li> <li>Pnp and npn transistors, series and parallel resonance, ripple factor, rms value, refractive index of prism, grating, telescope, dispersive power, programming related Fortran etc.</li> <li>Perform experiments related to electronics, optics and Fortran Transistor amplifiers, hall effect, band gap, e/m , B-H curve, resolving power of prism and grating, ultrasonic waves, he-ne laser, air wedge etc.</li> <li>The course is designed to provide adequate understanding of the history of Medieval Societies of the world, Modern World, Colonial India, History of Modern China, History of Europe</li> <li>The course is designed to provide adequate understanding of the Modern Indian history.</li> <li>The course is designed to provide adequate understanding of the Modern Indian history.</li> </ul>
Chemistry	B.Sc (medic al,non medic al)		On completion of course the students develop an understanding of major concepts,theoretical principals and experimental findings in chemistry. They are able to conduct experiments,analyse data and interpret result.	

			They know the proper procedures and regulations for safe handling and use of chemicals They find employment in industry or in school systems Students become familiar with application, safety and chemical hygiene regulations and practices The students have effective written and oral communication skills,especially the ability to transmit complex info in a clear and concise manner.	
Maths	B Sc BA B.Com BCA	It enhances the teaching-learning process	BM-111,112,113,121,122,123 BM-231,232,233,241,242,243 BM-331,332,333,341,342,343	With this program, students learn a lot about practical applications of subjects in daily life
Physical Education	B.P.Ed 2 Years Course	Physical and mental fitness, motivation etc.	<ul> <li>HISTORY AND FONDATION OF PHYSICAL EDUCATION</li> <li>ANATOMY AND PHYSIOLOGY</li> <li>HEALTH EDUCATION AND ENVIRONMENTAL STUDIES</li> <li>OFFICIATING AND COACING</li> <li>Educational Technology and Methods of Teaching in Physical Education</li> <li>ORGANISATION AND ADMINISTRATION IN PHYSICAL EDUCATION</li> <li>CURRICULUM DESIGN</li> <li>YOGA EDUCATION</li> <li>COMPUTER APPLICATIONS IN PHY. EDUCATION</li> <li>SPORTS PSYCHOLOGY AND SOCIOLOGY</li> <li>CONTEMPORARY ISSUES IN PHYSICAL EDUCATION, FITNESS AND WELLNESS</li> <li>OLYMPIC MOVEMENT</li> <li>SPORTS NUTRITION AND WEIGHT MANAGEMENT</li> </ul>	The course revolves around once physical as well as mental well being and fitness. Students will become a Sports Teacher and perform their Sports Management in different fields.

			<ul> <li>SPORTS MANAGEMENT</li> <li>SPORTS MEDICINE AND REHABILITATION</li> </ul>	
Commerc e	B.COM, M.COM	Students get to learn the concepts of finance, marketing, business environment, business ethics etc. It enhances their knowledge, capability of learning and critical thinking. It also make them self reliant and capable to get jobs in corporate and education sector.	BC104, BC 105, BC 106, BC 201, BC 202, BC 203, BC 204, BC 205, BC 207, BC 301, BC 302, BC 303, BC 304, BC 305, BC 306(i), BC 401, BC 402, BC 403, BC 404, BC 405, BC 406 (i), BC 501, BC 502, BC 503, BC 504, BC 505, BC 506(i), BC 601, BC 602, BC 603, BC 604, BC 605, BC 606(i) MC 101, MC 102, MC 103, MC 104, MC 105, MC 106, MC 201, MC 202, MC 203, MC	of finance, marketing, business

Home science POST GRADUATE DIPLOMA IN NUTRITION AND DIETETICS – PROGRAME OUTCOMES -

- 1. Utilize knowledge from the physical and biological sciences as a basis for understanding the role of food and nutrients in health and disease processes.
- 2. Provide nutrition counselling and education to individuals, groups, and communities throughout the lifespan using a variety of communication strategies.
- 3. Evaluate nutrition information based on scientific reasoning for clinical, community, and food service application.
- 4. Apply technical skills, knowledge of health behaviour, clinical judgment, and decision-making skills when assessing and evaluating the nutritional status of individuals and communities and their response to nutrition intervention.
- 5. Implement strategies for food access, procurement, preparation, and safety for individuals, families, and communities.
- 6. Utilize knowledge from the physical and biological sciences as a basis for understanding the role of food and nutrients in health and disease processes.
- 7. Provide nutrition counseling and education to individuals, groups, and communities throughout the lifespan using a variety of communication strategies.

- 8. Evaluate nutrition information based on scientific reasoning for clinical, community, and food service application.
- 9. Apply technical skills, knowledge of health behavior, clinical judgment, and decisionmaking skills when assessing and evaluating the nutritional status of individuals and communities and their response to nutrition intervention.
- 10. Implement strategies for food access, procurement, preparation, and safety for individuals, families, and communities.

#### **COURSE OUTCOMES –**

**COURSE I** – **HUMAN NUTRITION AND BIOCHEMISTRY:** TO enable the students to gain knowledge about body composition, energy metabolism, basics in nutrition, acquire knowledge about their functions, RDA, food sources of nutrients, describe the major metabolic pathways involved in the metabolism of nutrients in the human body.

**COURSE II – HUMAN PHYSIOLOGY To** enable students to understand human anatomy and physiology. Describe and explain the normal function of the cells, tissues, organs and organ systems of the human body.

COURSE III - FOOD MICROBIOLOGY To enable students to understand about morphological characteristics of different micro- organism associated to food. Know about the spoilage and factors affecting the growth of microorganisms in food. Impart the knowledge about the role of micro-organisms in fermentation of foods. Aware about hygiene and sanitation in food industry. COURSE IV - LAB. SCIENCE (LAB.) Understand the operational functions of microscope and sterilizing equipments. Acquire skills on preparation of solutions, Colorimetric estimation of biochemicalmolecules. Acquire the skills on analysis of food. blood and urine samples Understand the morphology and structural features of micro-organisms .Comprehend various principles of various preservation and control techniques. understand microbial safety in various food operations.

**COURSE V – MANAGEMENT OF FOOD SERVICE ORGANIZATION** This subject equips the students for skill development, academic, understanding entrepreneurship. Employment in various field of food industry, health clinic, NGO's etc Perform training and communication skills relevant to the restaurant, food industry etc

**COURSE VI – MANAGEMENT OF FOOD SERVICE ORGANIZATION (LAB)** Assess leadership, supervisory and human relation skills within the restaurant and food service Industry. understand the basic principles of management in food service units, develop managerial skills in food service industries, update the skills and techniques in starting up a food service unit successfully. Perform training and communication skills relevant to the restaurant, food industry etc. Acquire skill to plan, compile and prepare meals based on the different region.

Gain experience to standardize the recipes and to calculate the cost per yield. COURSE VII – PUBLIC HEALTH NUTRITION Undernutrition and malnutrition – causes, prevalence, consequences, methods of assessing nutritional status, major nutritional problems in India – causes, prevention and control Various national nutritional programmes existing in India to combat malnutrition.

Role of national and international agencies in improving the nutritional status of population.

**COURSE VIII – PUBLIC HEALTH NUTRITION (LAB)**L: Assess nutritional status ,Planning low cost nutritious diets for vulnerable groups, planning nutrition education programmes.

**COURSE IX DIETETICS I**:Become a Registered dietitian. Individual counselling and defending a position on issues impacting the nutrition and dietetics profession. understand the basic principles of diet and diet therapy. Acquire the knowledge of modifications of normal diet for therapeutic purposes Recognize the disease and prevention of the disease. Know the metabolic condition of the life style related diseases. Explain the risk factors for degenerative diseases and toward the management of the several disease conditions.

**COURSE X – DIETETICS II:** Acquire knowledge regarding diet management during life cycle, inborn error of metabolism, special conditions. Apply the principles of diet for the management of metabolic diseases. Use the nutrition care process for special conditions like allergy and burns.

Develop the dietary models for cancer and HIV.

**COURSE XI – DIETETICS (LAB) :**To enable the students to develop skills in planning, calculating, modifying the nutrient requirements and in preparation of therapeutic diets, acquire skills in diet counselling and feeding of patients. Evaluate the related food source for the special conditions. Acquire skills to plan a diet for metabolic diseases based on the dietary modification.

**INTERNSHIP** – To enable students to Evaluate the patient's medical records and interpret their medical history related to the conditions. Analyse the food habits and bring about the dietary changes. Gain experience to plan and calculate the modified diet. Acquire skill to supervise and handle the food preparation and service in the dietary department of the hospital.

#### **B.A. Home Science**

#### PROGRAM OUTCOMES (P.O.)

- 1. Understand the sciences and technologies that enhance the quality of life in day to day living.
- 2. Acquire professional and entrepreneurial skills for economic empowerment of self in particular and of community in general.
- 3. Develop professional skills in food, nutrition, textiles, housing, product making etc.
- 4. Take science from the laboratory to the people.
- 5. Development of critical sensitivity towards community issues and process.
- 6. Acquire basic management skills for organizing events, resource mobilization, leading community-based projects etc.

### **COURSE OUTCOMES :**

#### Semester I

Course HS-101- Family Resource Management – home management, human and non human resources, family budget, wants, housing needs, interior decoration.

#### Semester II

Course HS-102– acquiring knowledge regarding concepts of health education, immunity, diseases, contemporary issues in public health

#### Semester III

Course HS-201- Basic human Physiology and Anatomy

#### Semester IV

Course HS-202- Introduction to Textiles & clothing – classification, manufacture, identification, equipment, fabric selection, construction of clothing.

#### Semester V

Course HS-301- Fundamentals of food & Nutrition – classification, function, diet, constituents, deficiency diseases, basic food groups, nutritional needs, food adulteration, food poisoning.

#### Semester VI

Course HS-302- Human Development – Mother craft & child care, child development, importance of play, juvenile delinquency, factors affecting child development, Reproduction, pregnancy, prenatal care & development, delivery types, problem children.

7. How do you evaluate the attainment of POs (Programmes outcomes) and Cos (Course outcomes) mentioned in point no. 8. Write in about 200 words. (Create a spreadsheet and provide documentary proofs).

For the evaluation of the programme outcomes the institution adheres to the rules set forth by Kurukshetra University, Kurukshetra. At the college level, programme and course outcomes are reviewed internally through internal assessment. On the basis of their performance on assignments, tests, and attendance, the grades for internal assessment are determined. Students' strengths and weaknesses are identified through internal evaluations and semester-ending exams, giving teachers and students the chance to work on them for the improvement. Students' learning outcomes are assessed through projects, practicals, group discussions, quizzes, paper presentations, power point presentations, class assessments. To analyse, achieve, and fulfil the programme and course outcomes defined by the institution, the feedback from parents, students, and other stakeholders is also taken into consideration. Tutorial classes are also conducted in which students can clear their doubts regarding subject matter or examinations.

## **Criteria III: - Research, Innovation and Extension**

- 1. Grants received from Government and non-governmental agencies for research projects / endowments in the Department during the year 2021-22 ( create a spreadsheet and provide documentary proof) : Nil
- 2. Details of teachers recognized as research guides in your Department during 2021-22 (Create a spreadsheet for the same. Attach proof along with Principal signature.)

History: Dr.Aprajita

3. How your department has created an ecosystem for innovations and has taken initiatives for creation and transfer of knowledge during 2021-22 .Write a description in a maximum of words and( create a spreadsheet and provide documentary proof).

\*Department of History: Visited Archives

4. Details of workshops/seminars conducted on Research Methodology, Intellectual Property Rights (IPR) and entrepreneurship in your department during 2021-22 (attach proof along with Principal signature)(Kindly create a spreadsheet.) Name of the workshop/ seminar; No. of Participants, report and geo tagged photographs.

Year	Name of the workshop/ seminar	Number of Participants	Date From – To	Link to the Activity report on the website
2022	Aazadi Ka Amrit Mahotsav: Ek Smriddh Aur Aatmnirbhar Bharat	52	21/02/2022	
2022	Careers ahead and entrepreneurial skills	90	7/02/2022	

5.Teachers recognized as research guides during 2021-22 & details of Ph.D registered per eligible Teacher (( create a spreadsheet and provide documentary proof)

Name of the Ph.D scholar	Name of the Department	Name of the guide	Year of registration of the scholar	Year of award of Ph.D
Ms. Parsoon	History	Dr.Aprajita	2021	In process

# 6.Details of research papers per teacher in the Journals notified on UGC care list 2021-22 ( create a spreadsheet and provide documentary proof)

Title of paper	Name of the author/s	Department	Name of journal	Year of public ation	ISSN number	Link to the recognition in UGC enlistment of the Journal
कोविड -	Mr. Anil	Department	Samajik	Dece	ISBN	https://sagebhas
19	Kumar	of	Vimarsh	mber	25816	ha.com/
महामारीके	Pandey	Journalism		-21	543	Journal/TOC?Jo
दौरमें		& Mass				urnalId=
पारंपरिक		Communic				2

संचार माध्यमों कीभूमिका (बैगा जनजाति केसंदर्भमें)		ation				
Nutrient component analysis of Selected wild edible plants from Hamirpur Distt of Himachal Pradesh India: an Evaluation for future food	Dr. Vinay Kumar	Botany	Internationa I Vegetos	Janua ry 2022	ISSN- 0970- 4078	DOI- org/10 1007/14253- 021-00336-5
Investigation of structural and optical properties of lithium lead bismuth silicates glasses	Mr. Sumit Chauhan, Ms. RajniBala, Ms. Saroj Rani andMr. Sanjay Gaur	Physics	Journal of Materials Science: Materials in Electronics	April 2022	ISSN- 0957- 4522	DOI: 10.1007/s10854 -022- 08194-w
Statistical and regression analysis of impact of faults on object oriented software	Mr. Deepak Kumar	Computer science	Internatio nal journal of health sciences	2022	2550- 6978	https://www.sco pus.c om/sourceid/21 10105 2764

5. Details of books and chapters in edited volumes/books published and papers published in national/ international conference proceedings during 2021-22 ( create a spreadsheet and provide documentary proof)

Sl.	Name	Title of	Title of the	Title	Name of	National	Year of	ISBN/I	Affiliati	Nam
No.	of the	the	paper	of the	the	1	publicat	SSN	ng	e of
	teacher	book/cha		procee	conferen	Internati	ion	numbe	Institut	the
		pters		dings	ce	onal		r of the	e at the	publ
		published		of the				procee	time of	ishe
				confer				ding	publica	r

			ence				tion	
Ms. Mallik aTiwar i	Thematic and Stylistic Concerns in Literatur e: Critical Perspecti ves	Addressing issues of gender and masculinity in Haruki Murakami's Man without Woman			2021	978- 93- 92189- 04-3	Gover nment Post Gradua te College Sector 1 Panchk ula	Perc eptio n Publ ishin g Hou se
Dr. Jitende r Arya	Hasya Sanskritam			National	2021		Govern ment Post Gradua te College Sector 1 Panchk ula	Sans kriti Bhar ti New Delh i
Dr. Devend er kaur	Food Security in India/ Coid 19 & Public distributio n system in India Impact Challenges and Strategy				2021	978-93- 91260- 25-5	Govern ment Post Gradua te College Sector 1 Panchk ula	Eure ak Publ icati on

6. Extension activities carried out by your department in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during 2021-22 (attach proof along with Principal signature and seal) NIL

7. Details of awards and recognitions received for institution extension activities from government/ government recognized bodies during 2021-22 (attach proof along with Principal's signature)(Kindly create a spreadsheet.)

Name of the activity	Name of the Award/ recognition	Name of the Awarding government/ government recognized bodies	Year of award
26th January	Shield for Outstanding	District Administration	2022
Celebration	Performance for Azadi	Panchkula	
	Ka Amritmahotsav		

8. Details of extension and outreach Programmes(such as Swachh Bharat, AIDS Awareness, Gender Issues etc.) conducted by your Department through NSS/ NCC/Government and Government recognized bodies in collaboration with Industry, Community & non Govt. Organizations during 2021-22 (attach proof along with Principal's signature)(Kindly create a spreadsheet.)

Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities	Number of Teachers participated in such activities
Police Flag Day	Police Dept. Panchkula	Youth Red Cross	2021	45	5
Youth Exchange Program	SonuNavChetna Foundation Faridabad	Youth Red Cross	2021	43	4
Participation in 2 Days Workshop	Dist. Sports Office	Youth Red Cross	2021	55	03
Awareness Program on World AIDS Day	Dy. Civil Surgeon Panchkula	Red Ribbon Club	2021	20	1
Vaccination Camp	Parivartan Association NGO	Youth Red Cross	2021	30	15
Participation in State level St. John Ambulance Brigade Competition	St. John Ambulance	Youth Red Cross	2021	10	1
Workshop on Drug de Addiction	IRCS Haryana State Branch	Youth Red Cross	2021	46	1
COVID 19 Testing Camp	Parivartan Association NGO	Youth Red Cross	2021	11	1
Educational Tour to Shimla (Boys)	Higher Education Haryana	NSS	2022	41	04
Educational Tour to Shimla (Girls))	Higher Education Haryana	NSS	2022	43	03
Blood Donation Camp	Bloodconnect Foundation	Youth Red Cross	2022	37	15

Educational Tour to Amritsar &Wagha Border (Boys)	Higher Education Haryana	NSS	2022	38	01
Workshop on HIV/AIDS	Dy. Civil Surgeon Panchkula	Youth Red Cross	2022	47	03
Participation in State YRC Camp Haridwar	IRCS Haryana State Branch	Youth Red Cross	2022	05	01
Azadi Ka Amrit Mahotsav	Director Higher Education Haryana	NSS	2022	25	01
Workshop on HIV/AIDS	Civil Surgeon Panchkula	YRC	2022	125	08
Expert lecture on Employment Opportunity in English	In collaboration with Department of English	Women cell	2022	94	02
Workshop on self Defense	Shastrang Academy	Women cell	2022	74	02
Lecture on Role of women in Indian Freedom struggle		Women cell	2022	65	02
IAS exam training	Competitive exam cell,Naman Sharma coaching institute		Training program for IAS aspirants	100	4

9. Details of Collaborative activities for research, Faculty exchange, Student exchange/ internship during 2021-22 (attach proof along with Principal signature)(Kindly create a spreadsheet.) Nil

### **Criterion-IV**

1) Information on number of Smart-Classrooms or/and ICT enabled facilities such as LMS in your department.

Departments	Room number or Name of classrooms/Seminar Hall with LCD / wifi/LAN facilities with room numbers	Type of ICT facility	Signature
Botany	Room No. 215, 205	Projector	
Chemistry	LT 22-Science block	Projector	
Commerce	Commerce Block- 102, 103, 201	Projector	
Computer	LAB NO 2	SMART DISPLAY DEVICE	
Mass. Comm.	ROOM 2 and 4	LAN and LCD	
Physics	LT-129 (Science Block)	Smart Class Room	

Psychology	Lab 120 and Room No. 124	Projector
Zoology	Lab no 204	Smart screen with projector
Arts	Room no. 6,11,18	Projector
Seminar Hall	Seminar Hall	Projector, camera, Amplifier, 4 UPS, 2 Hard free microphones, 1 wired receiver, Touch screen LED, Podium inbuilt mice, 2 additional speakers, extra CPU
Language Lab	Language lab	Smart display devices and one projector
Compulsory computer education	IT Block: Lab-1,Lab-2	2 Smart display devices and one projector

2. Any expenditure on infrastructure augmentation during the year 2021-2022 under your charge/committee.

Departments	Year	Budget allocated/ grant received for infrastructure augmentation/ development	Expenditure for infrastructure augmentation/development
Botany	2021-22	Lab-Up gradation Grant	13216
Home Science	2021-22	LAB UPGRADATION FUND –	19461
Physcal education	2021-22	LAB UPGRADATION FUND –	44676
Musiv	2021-22	LAB UPGRADATION FUND –	4596
Biotech-			
Chemsitry	2021-22	LAB UPGRADATION FUND –	15748
Psychology	2021-22	LAB UPGRADATION FUND –	29710
Zoology	2021-22	LAB UPGRADATION FUND –	13216
Biotech- Zoology	2021-22	LAB UPGRADATION FUND –	5995
Chemistry –			
Physics	2021-22	LAB UPGRADATION FUND –	25613
Science			
Exhibition	2021-22	LAB UPGRADATION FUND –	24991
Micribiology	2021-22	LAB UPGRADATION FUND –	9976

3) Number of functional and non functional computers under your charge.

Departments	No. of functional computers	No. of non functional computers	Total computers
Computer	50	45+31	126

Mass Comm.	11	1	12
Compulsory computer education	30	20	50
Library	8	1	9
Language Lab	23	1	24

4) Any expenditure on physical and academic facilities including expenditure on educational trip, cultural events, prize distribution, extension lectures, seminars, training, workshops, industrial visits, department specific purchase of books, computers, furniture, dispensers etc.

Departments	Year	Name of physical/ academic facilities	Expenditure on maintenance of physical/ academic facilities
Botany	2021-22	Purchase of books	118915/-
History	2022	purchase of books	Rs.25,000/-
Mass.Comm.	2021-22	Educational trip	15640/-
Maths	2021-22	Extension Lecture	Rs 1000/
Physics	2021-2022	National Workshop on Experimental Physics "Physics – Think Bigger" on 27.12.2021	Rs. 12, 000/-
Sociology	2021-2022	Purchase of Books in library	Rs. 10,500/-
Physical Education	2021-22	Sports Equipments/ Kits	49056/-
Defense studies	2021-22	Flex Board	10,000/-

## **Criteria V: - Student support and Progression**

**1.**How many of the following capacity building and skill enhancement initiatives are taken by your department? (Create a spreadsheet and provide documentary proofs)

- a) Soft Skills
- b) Language and Communication skills
- c) Life skills (Yoga, Physical fitness, Health and Hygiene)
- d) ICT/Computing skills

	Name of the capability enhancement program	Date of implement ation (DD- MM- YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Public Admn.	Extempore, delegated		20	Nil
	presentation	2021-22		

Commerce	Workshop on Team Work	08/12/2021 , 09/12/2021	65	Medha Learning Foundation
Commerce	Workshop on Tally ERP9	20/06/2022 - 28/06/2022	100	Anant Academy, Sector 15, Panchkula
Home Science	Diet Clinic	31.05.2022	26	Dt. Shivani Gulati , Chief Dietician, Ojas-Alchemist Superspeciality Hospital, Sector – 26, Panchkula
Home Science	<ul><li>3- day Workshop on Microbial and</li><li>Biochemical</li><li>Analysis of Food</li></ul>	16.06.2022 - 18.06.2022	08	Ms. Sudhanshi Raina, Ms. Himanshi Goyal, Research Scholar, Department of Biochemistry, PIGMER
English Language Lab	Creative Writing Competition	15-1-2022	12	English Dept.
English Language Lab	Poetic recitation	26-4-2022	27	English Dept.
English Language Lab	English language and grammar quiz	12-5-2022	23	English Dept.
English Language Lab	English listening comprehension contest	30-5-2022	25	English Dept.

# 2. How many students are benefitted by guidance for competitive examinations and career counseling offered by your department/cell during the year? (Create a spreadsheet and provide documentary proofs)

	Year	conducted by the		Name of the Activity conducted by the Department to offer guidance for career counseling during the year	
		Name of the Activity	Number of students attended / participated	Details of career counseling	Number of students attended / participated
Public Admn.		UPSC training	100		

Maths		Extension		Career with	
		Lecture		Mathematics	100
English				Expert lecture on Employment Opportunities in English by Dr. Deepti Gupta	94
Commerce	(17/11/202			Sensitizing the students for startup	80
Commerce	11/05/2022			Digital Marketing as career option	100
Commerce	25/05/2022			Personality Development, communication and interview skills	78
Home Science	12.04.2022	Start-up awareness Program	12		

**3.**How many outgoing students of your department/cell have got placement during the year? (Create a spreadsheet and provide documentary proofs)

	Year	Name of student placed and contact details	Program graduated from	Name of the employer with contact details	Pay package at appointment
Botany	2021-	Jatin	B.Sc Medical	Kotak Mahindra Bank	18920/- PM
	22	8146009878			
Maths		Bunty kumar Ph no-8295237293	B Sc (NM)	PNB,Sec-5, Panchkula	
Maths		Ashok Rawat Ph no-9878162527	B Sc(NM)	Pharmaceutical Company Plot no 4,Sec 22,HSIIDC IT Park, Panchkula	

4 How many students of your department are progressing to higher education during the year? (Create a spreadsheet and provide documentary proofs)

	Name of student enrolling into higher education	Program graduated from	Name of institution joined	Name of programme admitted to
Music(Inst.)	Shubham	UG	Ramjas College,DU	MA Music Instrumental (Sitar)
Music(Inst.)	Yogesh	UG	Panjab University,Chandigarh	MA Sitar

Physics	Randeep Kaushik	B.Sc. (NM)	Panjab University	M.Sc. (Physics)
Physics	Rohit Kumar Tripathi	B.Sc. (NM)	Sidarth University, kapilvastu	M.Sc. (Chemistry)
Physics	Kamal Malik	B.Sc. (NM)	SGGS College Sec 26, Chandigarh	M.Sc. (Mathematics)
Chemistry	Vishal	B.Sc. (NM)	SGGS College Sec 26, Chandigarh	M.Sc. (Physics)
Physics			Chunchgunn	
Chemistry	Rahul	B.Sc. (Non - Medical)	KU.Kurukshestra	M.Sc. Chemistry
Botany	Ravi	B.Sc Medical	Govt. P.G. College, Sec-1	M.Sc Botany
Botany	Nishi Kiran		Panchkula	
Botany	Nandini			
Botany Chemistry	Shilpa	B.Sc Medical	HPU, Shimla	M.Sc Chemistry
Botany	Manu	B.Sc Medical	DAV College, Chandigarh	M.Sc Chemistry
Botany	Preeti Mann	B.Sc Medical	КИК	M.Sc in Env.st.
Maths	Swati Sharma	B Sc	KUK	M Sc Mathematics
Maths	Gurpreet kaur	B Sc		Munomutos
Maths	Manisha	B Sc	SGGSC,Sec 26,Panchkula	M Sc , Maths
Maths	Tarun Sharma	B Sc	Sri Guru Gobind Singh College, Sec 26,Panchkula	M Sc Mathematics
Maths	Shivani	B Sc	SD College, Ambala	M Sc Mathematics
Maths	Pushkal kaushik	B Sc	Delhi University	LLB
Defence St.	Jaidev	B.A	Kurukshtera University	M.A Defence St.
	Mansi	B.A	Govt. P.G. College, Sec-1 Panchkula	PGDCA
	Anirudh	B.A(Eng Hons.)	Govt. P.G. College, Sec-1 Panchkula	M.A English
Physical		B.P.Ed		M.P.Ed
Education	Shallu	_		
	Reema			
	Rupender kumar			
	Rohit			
	Pinki			
	Kajal		Kurukshetra University	
	Monika bhraman			

Hardeep hooda	B.P.Ed		M.P.Ed
Priyanka			
Prem			
Anmol chandel			
Shilpa devi			
Usha rani		Panjab University, Chadigarh	

# 5 How many students of your department have qualified any of the following examinations during the session 2021-22? (Create a spreadsheet and provide documentary proofs)

	Year	Registration number/roll number	Names of students			
			NET	SLET	State govt exam.	Other examinations
Phy sics	2021	221092458				Ankit, MALE constable (commando wing)
Phy sics	2021	221102859				Sushil Kumar MALE constable (commando wing)
Phy sics	2021	40003807927				Sachin ,SSC Constable in CAPFS
Eng lish	2021 -22	CH01008520	Simran Kumari			
Hist ory	2021 -22	CH01007543	Ravi			
Pol sc.	2021- 22	CH01002695	Ajit			
Pol sc.	2021- 22	CH01002743	Sachin			
Pol sc.	2021- 22	CH01002763	Brijesh Singh			

#### 6 Whether your department facilitates students' representation and engagement in various administrative, co-curricular and extracurricular activities? If yes, provide a brief report along with proofs.

**English** :Yes, the department promotes students' representation through their active participation and by engaging them in organizing the activities of English Literary

Society of the department. Two student-representatives are included while constituting the Literary Society every year.

History: Appointed students as office bearers of the subject society.

Mathematics: Poster making and two extension lectures were organized.

**Mass Communication:** Students are encouraged to participate in departmental as well as college and inter- college level activities. Department facilitates students to showcase their talent by Organizing various competitions. On the occasion of Hindi Patrakarita Diwas, Department of Journalism and Mass Communication organized competitions like Hindi Quiz, Essay writing , Caption writing and Paper reading competition for the students on 1<sup>st</sup> June 2022. On the occasion of All India Radio Day, Department of Journalism and Mass Communication organized college level Media competitions like News Reading, RJ Hunt, Anchor Hunt on JUNE 10th,2022.

Date of event	Name of the event/activity	Name of the student participated/ College Roll	Name of the event/activity	Organizing College	Position	Торіс
26/02/2022	Inter college RJ HUNT Competition	Bharat Bhushan 1211071009012	Inter college RJ HUNT Contest	GGDSD College, Sector-32-C, Chandigarh	Third position	Growth of English Media in India
10/05/2022	Inter college Essay writing Competition	Isla Aahad 1211071009025	Inter college Essay writing Competition	GCW, Sector-16, Faridabad	Second position	Vocal about local

7 Number of awards/medals for outstanding performance in sports/cultural activities at university/state/national / international level (award for a team event should be counted as one) during the session 2021-22. (Create a spreadsheet and provide documentary proofs)

	Year	Name of the award/ medal	Team / Individual	University/Stat e/National/ International	Sports/ Cultural	Name of the student
Economics	2022	Runner up	Team	National	Quiz competition	Rekha, Sahil, Aaditya

Music(Inst.	2021	Second in Zonal Youth Festival	Team	University	Cultural - Haryanvi Orchestra	Sakshi, jyoti,M anisha, Kriti,Di ksha,A nuradha ,Amit,S ahil,An shuman ,Badal
Music(Inst.	2021	Second in Zonal Youth Festival Third in State Youth Festival	Individual	University State	Western Instrumental Solo(Guitar)	Anshu man
Music(Inst.	2021	Second in Zonal Youth Festival	Individual	University	Solo Sitar	Manish a

	Phys	sical Education	on	
Year	Name of the Award/ Medals	Team/Indivi dual	University/ State/ National/ International	Name of the students
04 <sup>th</sup> Jan, 2022 to 07 <sup>th</sup> Jan, 2022	Participated	Individual	National (All India Inter-	Sagar
3rd Dec to 6th Dec, 2021	Gold Medal- Shotput	Individual	University) State	
3rd Dec to 6th Dec, 2021	Gold Medal- 800M Silver Medal- 1500M	Individual	State	Rimpy
3rd Dec to 6th Dec, 2021	Gold Medal- 400M (Hurdles)	Individual	State	Jashan Singh Duhan
3rd Dec to 6th Dec, 2021	Gold Medal- 4*400M (Relay)	Team	State	Jashan Singh Duhan, Ankush, Ankit, Ravi
3rd Dec to 6th Dec, 2021	Medal- 400M Hurdles	Individual	State	Ankush
3rd Dec to 6th Dec, 2021	Silver Medal- Javelin Throw	Individual	State	Manoj
3rd Dec to 6th Dec, 2021	Silver Medal- High Jump	Individual	State	Rakesh
25/12/2021 to 02/01/2022 1st Dec to 3rd Dec,	Attending Indian Camp Participated	Individual Individual	National National	Neel Kamal Singh
2021	Gold Medal	Individual	State	
1st Dec to 3rd Dec, 2021	Gold Medal	Individual	State	Lokesh Malik
07-08 Sept., 2021	Silver Medal	Individual	State	
1st Dec to 3rd Dec, 2021	Silver Medal	Individual	State	Dushyant Kumar
23rd Nov. to 25th Nov., 2021	Gold Medal	Team	State	Pawan, Yogesh, Naveen, Yuvraj, Rahul Bidhasra, Laxman, Alankar Chaudhary, Rahul Jakhar, Anish Mittal, Gaurav Kumar, Jugalpreet Singh, Dinesh, Divyonm Dharra
21 <sup>st</sup> March, 2022 to 24 <sup>th</sup> March, 2022	4th position	Team	National (All India Inter- University Championshi p (North Zone))	Yogesh, Yuvraj, Rahul Bidhasra, Rahul Jakhar
29th March to 31th March, 2022	Participated	Team	National (All India Inter- University	Meenakshi, Shivani Jadiya

			Commention	
			Gymnastics	
			Artistic)	
29th March to 31th	Participated	Team	National (All	Rozy
March, 2022			India Inter-	
			University	
			Gymnastics	
			Rhythmic)	
05th March & 06th	Bronze Medal in	Team	State	Meenakshi, Rozy, Shivani
March 2022	Artistic (Gymnastics)			Jadiya, Rakhi, Nirmal,
				Radhika
05th March & 06th	Silver Medal in	Individual	State	Meenakshi
March 2022	Vaulting Horse			
	(Gymnastics)			
05th March & 06th	Silver Medal in	Team	State	Rozy, Rakhi, Nirmal,
March 2022	Rythmic Gymnastics	Team	State	Radhika
21 Oct to 30 <sup>th</sup> Oct,	Silver Medal	Team	Senior	Monika Sihag
2021 2021 2021	Silver Medal	Team	Women	Mollika Sillag
2021				
25/02/2022	D M 11	T	National	
25/02/2022 to	Bronze Medal	Team	National	Deepak Saini, Vijay
02/03/2022	<b>D</b>			Kumar
28/12/2021 to	Bronze Medal	Team	National	Kavita Rani, Sonia, Pooja
02/01/2022				Goswami, Priya Rani
17th Nov to 19th Nov,	Bronze Medal	Team	State	Deepak Saini, Vijay
2021				Kumar, Sahil, Deepak
				Goyat, Vijay Kumar,
				Kapil, Sumit, Ravi,
				Sandeep, Devvart, Angat
				Ram, Dimple Sharma,
				_
05th March 2022	Silver Medal	Individual	State	1 0
05th March 2022			State	
		-		
	Bronze Medal	Team	```	Simran, Pummi
June, 2022				
oothaa		<b>.</b>	<b>,</b>	
*				Rajat Sharma
Nov., 2021	Bronze Medal	Individual	````	
			State	
			(Billiards)	
	1 Gold and 3 Bronze	Individual	National	Balpreet
	medal		(Snow Ice	
			Stock)	
	1			
14th March to 16th	Participated	Individual	National	Mamta
14th March to 16th March, 2022	Participated	Individual	National	Mamta
05th March 2022 05th March 2022 05th March 2022 05th March 2022 05th March 2022 05th March 2022 21 <sup>st</sup> June, 2022 to 23 <sup>rd</sup> June, 2022 08 <sup>th</sup> Nov., 2021 to 14 <sup>th</sup> Nov., 2021		IndividualIndividualIndividualIndividualIndividualIndividualTeamIndividualIndividualIndividualIndividualIndividualIndividual	StateStateStateStateStateStateNational (AllIndia Inter-University)State(Snooker)State(Billiards)National(Snow Ice	Manpreet, Tanuj Meenu Parteek Bakshi Rishi Pal Mamta Divya Vishal Simran, Pummi Rajat Sharma

2021				
14th March to 16th	Participated	Individual	National	Divya
March, 2022				
4th Dec & 5th Dec,	Gold Medal	Individual	State	
2021				
07th March to 10th	Participated	Individual	National	Ankit Kumar
March, 2022				
4th Dec & 5th Dec,	Gold Medal	Individual	State	
2021				
4th Dec & 5th Dec,	Silver Medal	Individual	State	Meenu
2021				
4th Dec & 5th Dec,	Bronze Medal	Individual	State	Parveen
2021				
4th Dec & 5th Dec,	Bronze Medal	Individual	State	Prateek Bakshi
2021				
4th Dec & 5th Dec,	Bronze Medal	Individual	State	Vishal
2021				
28th March to 31st	Participated	Individual	National	Yogesh
March, 2022				
18th Feb & 19th Feb,	Gold Medal	Individual	State	
2022				
18th Feb & 19th Feb,	Bronze Medal	Individual	State	Deepak Goyat
2022				
18th Feb & 19th Feb,	Silver Medal	Individual	State	Karan Singh
2022				
18th Feb & 19th Feb,	Bronze Medal	Individual	State	Komal Joshi
2022				

8 Number of sports and cultural events/competitions in which students of the Institution participated during the year (organized by the institution/other institutions). (Create a spreadsheet and provide documentary proofs)

Dept	Date of event/activity (DD-MM- YYYY)	Name of the event/activity	Name of the student participated
Music(Inst.)	09-04-2022	All India Police Equestrian Championship	Sakshi, Jyoti, Amit, Lalit, Anshuman, Manisha, Manjot, Sonali, Anuradha, Diksha, Sahil
Music(Inst.)	23,24,25 Dec 2021	State Youth Festival at MDSD College Ambala	Sahil, Kirti, Anuradha, Diksha,Manisha, Yogesh, Sakshi, Jyoti,Amit,Anshuman
Music(Inst.)	17-18 Dec 2021	Dist. Youth Fest Panchkula	Shail,kirti Anuradha,Diksha, Manisha, Yogesh, Sakshi,Jyoti, Amit Anshuman,Shubham

Music(Inst.)	07-04-2022	Pt. Ravi Shankra 102 <sup>nd</sup> birth Anniversary	Sakshi, Jyoti,Manisha, Sonali, Anuradha, Diksha, Sahil
Music(Inst.)	19-21-2022	Inter University western Insrumental Solo KUK	Anshuman
Hindi	26/04/2022	Poetic Recitation Competition	50
Economics	21/12/2021	Inter college debate competition	33
Economics	06-05-2022	Live telecast and analysis of budget	23
Economics	07-02-2022	Workshop on carriers ahead and entrpreneurial skills	90
Commerce	24-12-2021	Youth fest Luddi Folk Dance	Riya Rawat
Commerce	24-12-2021	Yoth fest Folk Dance	Harsimran Kaur
Commerce		Khelo India youth Games 2021	Bhagirathi Sahu (Roll no- 1211071003154
Commerce		Khelo India youth Games 2021	Vishal Roll No- 1211071003133
Geography	6/6/2022	2 <sup>nd</sup> prize in Inter college Geography Quiz Comprtition organized by Department of Geography, Govt.P.G.College AmbalaCantt	Aman B.A-III(2966510034) Mohit,B.A-III(2966510111)

#### **Physical education**

Date of event/ activity	Name of the event/ activity	Name of the student participated
13/12/2021	Intramural Volleyball	4 teams (approx 28 students)
	Tournament, Govt. PG College,	
	Campus Ground, Sector-1,	
	Panchkula.	
21/12/2021	Intramural Kabaddi Tournament,	4 teams (approx. 28 students)
	Govt. PG College, Campus	
	Ground, Sector-1, Panchkula.	
10 <sup>th</sup> & 11 <sup>th</sup> Feb., 2022	"Annual Athletic Meet"	Ankit (Best Athlete), Ankush Deshwal,
	Session 2021-22	Jashan, Anuj, Shivanshu, Bharat Bangar,
		Ravi, Manoj, Rakesh, Dushyant, Shankar,
		Umesh, Aniket, Rupesh, Garvit, Om Sagar,
		Yogesh, Payal Chauhan, Simran, Meenu,
		Ashu, Mamta, Megha.
		Rimpi Devi (Best Athlete), Rajwant Kaur,
		Sweeti, Urvashi, Pooja, Ruby, Vandita,
		Monika, Raman Devi, Simmu Sharma, Savita,
		Mahima, Sonia, Sanju, Sandeep Kaur, Laxmi,
		Preeti, Lakhwinder, Deepak, Amit, Naveen,
		Vinod Kumar, Yuvraj, Nikhil, Pawan, Ankit
		Deswal, Kamlesh, Indu, Pummi, Meenakshi,
		Ankita, Divya.
3rd Dec to 6th Dec, 2021	Inter College Athletic	Sagar, Rimpy, Jashan Singh Duhan, Ankush,
	Tournament, K.U.K	Ankit, Ravi, Manoj, Rakesh

1st Dec to 3rd Dec, 2021	Inter- College Boxing Tournament, KUK	Neel Kamal Singh, Lokesh Malik, Dushyant Kumar
23rd Nov. to 25th Nov., 2021	Inter- College Basketball Tournament, KUK	Pawan, Yogesh, Naveen, Yuvraj, Rahul Bidhasra, Laxman, Alankar Chaudhary, Rahul Jakhar, Anish Mittal, Gaurav Kumar, Jugalpreet Singh, Dinesh, Divyonm Dharra
05th March & 06th March 2022	Inter- College Gymnastics Tournament, KUK	Meenakshi, Rozy, Shivani Jadiya, Rakhi, Nirmal, Radhika
17th Nov to 19th Nov, 2021	Inter- College Hockey Tournament, KUK	Deepak Saini, Vijay Kumar, Sahil, Deepak Goyat, Vijay Kumar, Kapil, Sumit, Ravi, Sandeep, Devvart, Angat Ram, Dimple Sharma, Manpreet, Tanuj
25th Nov to 27th Nov, 2021	Inter- College Hockey Tournament, KUK	Monika Sihag, Kavita Rani, Sonia, Pooja Goswami, Priya Rani, Shweta, Sareen Chhokar, Nisha Yadav, Kusum Thakur, Savita Chaudhary, Ritu Devi, Pinki, Kamlesh Kumari, Poonam, Mokshika
05th March 2022	Inter- College Judo Tournament, KUK	Divesh , Amit Nain , Meenu, Parteek Bakshi, Rishi Pal, Mamta, Divya, Vishal
4th Dec & 5th Dec, 2021	Inter-College Wrestling Tournament, KUK	Mamta, Divya, Ankit Kumar, Meenu, Parveen, Prateek Bakshi, Vishal
18th Feb & 19th Feb, 2022	Inter- College Wushu Tournament, KUK	Yogesh, Deepak Goyat, Karan Singh, Komal Joshi

# **Criteria VI: - Governance Leadership And Management**

**1.**Describe in 200 words one activity /practice which your department successfully implemented based on the department's strategic plan. (Provide Proofs)

### \* History:

a) Archival field visit

### \* Mass Communication:

a) Industry interaction :- Students of BAMC get regular exposure in editing of news and photography.

### **\*** Commerce:

A national level live webinar on "Financial Education and New Income Tax Regime" was organized on November 20, 2021. Mr. Raghunandan Pattnaik was the eminent speaker.

The major learning objectives for the participants were how to :

- a) Take control of financial and investment planning for the future during uncertain times; New emerging finance and investment trends post covid; Perform tax planning; Adopt new tax regime of income tax
- b) Approximately 120 participants registered.

## **Economics:**

- a) Budget live telecast and discussion on it.
- 1. How many teachers of your department are provided with financial support to attend conferences / workshops and towards payment of membership fee of professional bodies during the year 2021-2022? (Create a spreadsheet and provide the proofs.) NIL
- 2. Give details of professional development / administrative training programmes organized by your department for teaching and non-teaching staff during the year 2021-2022. (Create a spreadsheet and provide the proofs.)

Dates (from-to) (DD-MM- YYYY)	Title of the professional development program organized for teaching staff	Title of the administrative training program organized for non- teaching staff	No. of participants
		Training Program on Flower	
16/05/2022		Arrangement	06
31/05/2022	Diet Clinic	Diet clinic	26

3. Give details of teachers who have undergone online/ face-to-face Faculty Development Programmes during the year: (Professional Development Programmes, Orientation / Induction Programmes, Refresher Courses, Short-Term Course, etc.)

Name of teacher	Title of the program	Duration
Jagtar singh	Two week Refresher Course	02-05-2022 to -16-05-2022
Sandeep Kumar	Two week Refresher Course	02-05-2022 to -16-05-2022
Ms. Shailja Kumari	National webinar entitled "Teacher's E-Kit: A Four Quadrant Approach For Development Of OERs For Higher Education" 2. Paper presented in One day Interdisciplinary National Seminar "Azadi Ka Amrit Mahotsav : Smridh Evam Atma Nirbhar Bharat " 3.Refresher Course " Managing Online Classes & Co- creating MOOCs" 4.One Week online National FDP on "Basics of Research Methodology and issues in plagiarism"	09/09/2021 21/02/2022 07/02/2022 to 21/02/2022 31-05-2022 to 06-06-2022
		15 february 2022 to 16 march
Ms Yamini	Induction Program	2022
Dr. Aprajita	1.Faculty Development Prog.	7-14 July,2021
	2. Faculty Development Prog.	5-19 August,2021
Dr. Chitra Tanwar	Research Methodology(STC)	June (15- 21), 2022.
Savita	Refresher Course, HPU, Shimla	09-08-2021 to 21-08-2021

	Refresher Course, Teaching Learning Center,	
Nisha	Ramanujan College, University of Delhi	27-05-2022 to 9-06-2022
Khushbu	Refresher Course, Teaching Learning Center, Ramanujan College, University of Delhi	27-05-2022 to 9-06-2022
Poonam	UGC-HRD Center, Punjab University, Chandigarh	14-07-2021 to 20-07-2021
		1-02-2022 to 14-02-2022
Preeti Garg	<ol> <li>UGC-HRD Center, Punjab University, Chandigarh</li> <li>FDP, AICTE Training and Learning Academy, New Delhi</li> </ol>	9-08-2021 to 13-08-2021
Treed Surg	3. FDP, AICTE Training and Learning Academy, New Delhi	16-08-2021 TO 20-08-2021
	4. FDP, AICTE Training and Learning Academy, New Delhi	22-09-2021 Tto 26-09-2021
Dr. Mallika Tiwari	Faculty Induction Program	8/2/2022-12/3/2022
Ms. Gurpreet Kaur	Faculty Induction Program	8/2/2022-12/3/2022
Mrs. Veena Jangra	Refresher Course	25/5/2022-07/6/2022
0		28 December 2020 to 26 th
Deepak Kumar	Faculty development program	January 2021
Dr. Meenu	Refresher course in environment studies	17/11/21-30/11/21
	1. Characterization Technique of Material and Devices	March 14th and 15th 2022
	2.Frontiers In Physics, Materials Science & Nanotechnology	March 25-26, 2022
Dr. Vidhi Mann	3.Psychological Skills for Effective Teaching and learning	January 6-12,2022
	1.Characterization Technique of Material and Devices	March 14th and 15th 2022
Dr. Saroj Rani	2.Frontiers In Physics, Materials Science &	
	Nanotechnology	March 25-26, 2022
	3.Psychological Skills for Effective Teaching and learning	January 6-12,2022
Dr. Meenu	Refresher course in environment studies	17/11/21-30/11/21
Ankita	Four quadrant model for development of e- content/MOOCS and teachers e kit	29/09/2021 to 05/10/2021
Dr. Neeraj	Energy conservation building code and Eco Niwas Samhita	21 September 2021
Dr. Viney Kumar	Energy conservation building code and Eco Niwas Samhita	21 September 2021
Dr Vijay Kumar	Refresher course	Sep-Oct 2022
Dr. Seema Singh	FDP on remote teaching and learning – A paradigm shift from earlier times	05/10/2021 to 15/11/2021
Mrs. Sarita Bishnoi	Rethinking Dr. B. Ambedkar's Multidimensional Vision	09/11/2021 to 15/11/2021
Dr. Akanksha Rathee	Two week refresher course	21/02/2022 to 05/03/2022

		21/02/2022 to 05/03/2022
Dr. Parvesh	Two week refresher course	
		21/02/2022 to 05/03/2022
Mrs. Renu	Two week refresher course	

4. Provide information regarding Funds / Grants received from non-government bodies, individuals, and philanthropists during the year (not covered in Criterion III and V) (INR in lakhs) (Create a spreadsheet and provide the proofs.) NIL

Year	Name of the non government funding agencies/ individuals	Purpose of the Grant	Funds/ Grants received (INR in lakhs)	Link to Audited Statement of Accounts reflecting the receipts
2021-2022	Alumni Association	To pay the fee of 3 students	25,000	

5. How do you review teaching-learning process and record the incremental improvements in various activities? The departments improve the teaching-learning process through standard academic practices, these academic practices include:

Departmental Activity Calendar and lesson plans displayed and circulated; Departmental Time table; Course Delivery (Online / Offline classes)/ Use of ICT tools, group discussions, case studies; Conduction of Seminars, workshops; Full Syllabus coverage.

The departments review the teaching-learning process by conducting the departmental activities, internal assessment, evaluation of answer scripts and identifying the Slow and advanced learners. The extra classes are organized for weak students and regular tests are taken and record is tabulated month-wise to record the incremental improvement of the students. The IQAC continuously reviews and takes steps to improve the quality of the teaching-learning process. Feedback from all the stakeholders is taken and appropriate steps are taken to enhance the teaching-learning process.

6. Whether your department has some collaborative quality initiatives with other department / institution? If yes, give details. NIL

**Criteria VII:- Institutional Values and Best Practices** 

1 What efforts have been undertaken by your department/committee for promotion of gender

Name of the Activity	Date			Teacher In- charge	Remarks
Expert Lecture	24 January 2022	Employment Opportunities in English/Dr Deepti Gupta	68	Ms.Rash mi Sharma	In collaboration with Department of English
Expert Lecture	1 February 2022	Women in Different Careers/Ms.Rajni Bhalla	85	Ms.Rash mi Sharma	
Workshop	7 February 2022-10 February 2022	Employability Skills/Ms. Benu Rao	55	Ms.Rash mi Sharma	
Workshop	12 February 2022,14 February 2022and 15 February 2022	Self Defence/Shastrang Academy	74	Ms.Rash mi Sharma	
Expert Lecture	15 February 2022	Fake News and How to tackle itandIntrapersonalcommunication/Dr.UmeshArya	47	Ms.Rash mi Sharma	In collaboration with Department of Mass Communication
Expert Lecture	15 February 2022	Swatantrata Andolan Mein Streeyon ki bhumika/Ms Jasbir Kaur	45	Ms.Rash mi Sharma	In collaboration with Department of History
Expert Lecture	18 February 2022	Role of Women in Indian Freedom Struggle/Dr Prashant Gaurav	65	Ms.Rash mi Sharma	In collaboration with Department of History
Workshop	<ul><li>24 February</li><li>2022 and 25</li><li>February</li><li>2022</li></ul>	Baking/Renu's Baking Classes	50	Ms.Rash mi Sharma	In collaboration with Department of Home Science
Workshop	17February 2022 and 18 February 2022	Yoga For Girls/Ms.Shalu Bansal	71	Ms.Rash mi Sharma	
Expert Lecture	25 October 2021	United Nations Day/Mr Subash,Deptt.of Pol.Sc.	38	Ms. Sarita Bishnoi/ Ms.Shailj a	In collaboration with Department of Geo,Comp Sc.

## Safety and Security

- Security checkpoints at all campus entries and exits.
- Extensive surveillance network with 24x7 monitored control rooms.
- Rotational duty by all faculty members for discipline and security.
- The Proctorial Committee includes male and female proctors at institute as well as faculty level

- Strict implementation of Anti-Ragging on Campus.
- Awareness campaigns on women safety and gender sensitivity through self defense workshop
- The Institute is the preferred destination of parents for education of their female wards.
- Eco-friendly crèche for wards of institute staff with dedicated staff supervisors.
- Formal and informal avenues for counseling male and female students and staff for academic and other issues/problems.
- Class and Proctorial Committees are available for counseling of both males and females students.
- ✤ Grievance Redressal Committees for staff and students

S.NO	NAME OF THE ACTIVITY (Home Sc)	ORGANISING UNIT/ COLLABORATIN G AGENCY	DATE	NO. OF COORDI NATING TEACH ER	NO. OF PARTICIPA NTS/ STUDENTS	REMARKS
1.	Karwa Chauth Mela	Department of Home Science & Start-up Incubation Centre of Excellence, Panchkula	23.10.2021	One	12	Coordinator - Mrs. Vandita Sharma, Associate Professor, Department of Home Science Organiser – Mrs. Tanushree Dutta, Centre Head, Start-up Incubation Centre of Excellence, Panchkula
2	Baking Workshop	Department of Home Science & Women Studies and Development Cell	24.02.2022 - 25.02.2022	Тwo	50	Resource Person – Mrs. Renu , Renu ki Rasoi, Panchkula
3	Start-up awareness Program	Department of Home Science & Start-up Incubation Centre of Excellence, Panchkula	12.04.2022	one	12, College Students of Home Science	Resource Person – Mrs. Tanushree Dutta, Centre Head, Start-up Incubation Centre of Excellence, Panchkula
4	Training Program on Flower Arrangement	Department of Home Science	16.05.2022	one	06, College Mali	Resource person – Mrs. Vandita Sharma, Associate Professor, Department of Home Science
5	Educational Visit to Hospital	Department of Home Science	21.05.2022- 22.05.2022	one	08, Students Of Post Graduate Diploma in Nutrition And Dietetics	Ojas-Alchemist Superspeciality Hospital, Sector – 26, Panchkula
6	3- Days workshop on Painting	Department of Home Science	26.05.2022 - 28.05.2022	one	Students of B.A. I (Home Science)	RESOURCE PERSON – Mrs. Santosh Verma, Expert Teacher, Pedilite, Panchkula
7	Diet Clinic	Department of Home Science	31.05.2022	one	Teaching and Non- teaching Staff and their Family Members	RESOURCE PERSON – Dt. Shivani Gulati , Chief Dietician, Ojas-Alchemist Superspeciality Hospital, Sector – 26, Panchkula

			16.06.2022-	two	08, Students of	RESOURCE PERSONS - 1. Ms.
8	3- day	Department of Home	18.06.2022		Post Graduate	Sudhanshi Raina, Department of
	Workshop on	science			Diploma in	Biochemistry, PIGMER
	Microbial				Nutrition And	2. Ms.
	and				Dietetics	Himanshi Goyal, Research
	Biochemical					Scholar, Department of
	Analysis of					Biochemistry, PIGMER
	Food					

Extension lecture of Ms.Jasbir Kaur on the topic "स्वतंत्रता आन्दोलन में महिलाओं का योगदान" was organized by the Deptt. of History.

**Day Care Center** has been established to fecilitate female staff. Dr. Archana, Dr. Khushbu, Mrs. Kiran, Ms. Kompal, Ms. Pooja availed this facility during the session.

2. The respective committee/ department to provide the information regarding the management of the following types of degradable and non-degradable waste (within 200 words)

## **Activity- Botany**

A. Solid waste management

**Leaves to compost**: As we all know burning of dried leaves produce, CO,  $CO_2$  & other harmful chemicals which cause serious harm to environment. It increases air pollution & contribute in global warning. Best way to dispose off the dry leaves is to convert them into compost. Leaves being rich in carbon are known as nature's nutrient recyclers. Keeping in view the large quantity of dry leaves, 4 composting pits are dug with the help of MC Panchkula in college campus. All the dry leaves, garden waste, lawn cuttings and dead flowers are put in these pits. It takes around 50-60 days for decomposition of this matter. This compost is used to nourish the vegetation of college campus.

**3.** Provide Green campus initiatives (like Restricted entry of automobiles/ Use of Bicycles/Battery powered vehicles/ Pedestrian Friendly pathways/ Ban on use of Plastic/ landscaping with trees and plants) taken by your department committee cell with supporting proofs.

## **Botany : Tree Plantation & Landscaping**

Botany Department in collaboration with Eco Club organized plantation drive in college campus. With the involvement of students from M.Sc. (Botany), B.Sc. (Med.) and Environment studies, saplings were planted. All the staff members (teaching and non teaching) participated enthusiastically in plantation drive. Important species planted in year 2021-22 are – Dalbergia, Giloy, Bael, Bougainvillea, Pink Kaner, Yellow Kaner, Gurhal, Mulberry, Chandni, Ixora, Mango, Jamun, Amaltas, Bamboo, Zamia, Thuja, Gulmohar, Balam Kheera, Neem etc. Landscaping was done in different areas of college campus.

### **Ban on Plastic use:**

Institute discourages the use of plastic in college campus including Mess & Canteen.

Government of Haryana has banned use of single use plastic so no single use plastic is used in college campus.

**Chemistry:** Every now and then students are made aware of their duty to keep the environment clean, save electricity, save natural resources and switching to environmenal friendly alternatives of plastic bags.

4. Department\Committee\Cell to describe the efforts/initiatives in providing an inclusive environment i.e., tolerance and harmony towards cultural, regional, linguistic, communal socioeconomic and other diversities (within 200 words).

5. Describe the various activities organized by your Department\Cell\Committee for inculcating values in students for being responsible citizens adhering to constitutional obligations: values, rights, duties in 200 words with following supporting documents:

**Political Science :**The department of Political science in the collaboration with Department of Defence Studies organized Declamation contest on 12 May 2022 in seminar hall on the topic- 'Role of UNO in Russia and Ukraine war, "Present world scenario and possibilities of world peace", "Environmental challenge and remedies.". As many as 96 students were present in the seminal hall.

6. Which professional ethics programme are organized by your department for students/ teachers to observe the code of conduct, describe with in 200 words.

7. Department\Committee\Cell to provide the information regarding the celebration of national and international commemorative days, events and festivals within 200 words

**Physics:** Department of Physics, Chemistry and Botany organized **quiz on environment** science for B.Sc. students to celebrate environment day on 05.06.2022. A total of 9 teams (4 from medical side & 5 of non medical side) comprising of 2 students each participated in the quiz.

Quiz consisted of 4 main rounds out of which 3 rounds were of MCQ's & one round was rapid fire round.

Sr. No.	Neme	Class	Roll no.	Position
1	Aditya Khatri	B.Sc. II (M)	120107030058	1 <sup>st</sup>
2	Isha Bharti	B.Sc. II (M)	120107030048	1 <sup>st</sup>
3	Rajni	B.Sc. I (N.M)	1211071015032	2 <sup>nd</sup>
4	Gagandeep	B.Sc. I (NM	1211071015008	2 <sup>nd</sup>
5	Sharabdeep	B.Sc.I (NM)	1211071015069	3 <sup>rd</sup>
6	Monika	B.Sc. II (NM)	12107015028	3 <sup>rd</sup>

The result of the above competition is as follow:-

History department Celebrated Sir Chotu Ram Jayanti .

8. Concerned committee department to provide the information related to following best practices successfully implemented by your department/cell/committee as per NAAC format provided in the Manual.

#### **Quest-In search of Harmony**

**Objective-** It was constituted to inculcate the moral values and enhance the harmony among the students and staff in 2016. It was renamed as Swami Vivekananda Youth Club (SVYC) as per guidelines of DHE. Awareness lectures, talks, discussions etc. were organized under this club. In February, Quest- a search for harmony was constituted to inculcate the moral values among the college students in 2016. It was renamed as Swami Vivekananda Youth Club as per guidelines of DHE. **The Practice-** Awareness lectures, talks, discussions etc. are organized under this club. On February 21, 2022 an interdisciplinary National seminar on Azadi ka Amrit Mahotsav- ek Samridh & Atamnirbhar Bharat was organized in collaboration of IQAC and Literary Society. The coordinators were- Ms. Neelam Kumari and Ms. Vineeta Gupta. Convener of this National seminar was Mr Advitya Khurana.

**Evidence of Success-** 52 delegates from various States participated and the keynote speaker was Shri Baldev bhai Sharma, Vice chancellor of Kushabhau Thakre University, Raipur, Chhattisgarh. Former President of National Union of journalist and renowned Journalist Shri Ashok Malik was the another prominent resource person.

#### Mann Ki baat (Department of Psychology)

Counseling is a process that aims to facilitate personal well being to the students through Support and guidance of trained counselors for a healthy mind and body With the intent to address and help resolve emotional and psychological issues of the Student community of Government P.G. College, the Dept. of Psychology has initiated The "Counseling Cell' in the College premises. The Counseling cell encourages the students to understand themselves and the issues

That trouble and guides them to resolve their problems. These problems can be personal emotional, social, family, peer, academic sexual etc. This is done through individual or group counseling to help them with academic goals, social and personality development career goals, enhancing listening skills, empathy and interpersonal skills to have healthy relationships and a healthy lifestyle. So far the counseling cells have provided counseling sessions students with anxiety problems -05 Students with lack of concentration- 08 Students Studies related problem -07 Students Personal relationships- 06 Students Stress related problems- 05 Students Career counseling- 07 Students Mood swings- 06 Students

Aggressive behavior -07 Students

Frustration Problems -04 Students

Adjustment related Problems -05 Students

Counseling provided to the students facilitated positive behavior changes helped them to establish and maintain relationships socially, promote their decision making process and helped them to understand and their own potential and cope effectively with the problems they face.

**Apna Kitaab Ghar :** Objective: Major purpose of the practice is to offer free books reading facilities to all students. It preserves and provides access to knowledge created in and by the college. Contents:

- 1. Knowledge sharing
- 2. Accessible and inclusive learning spaces
- 3. Academic support

4. reness and advocacyPractice: this practice is unique in itself. Commerce department provides this facility to its student. This practice provides opportunity and equal access to information for all UG and PG students

Evidence: Apna Kittab Ghar has 553 books in record which are issued to students time totime according to their requirement. Problem Encountered and Resources Required: Infrastructure required to perform this practice in best possible way i.e. More books, almirah, reading room, computer facility

# 9. Head of the Department of Physical Education and Incharge of Incubation Centre to provide the report of the their performance concerning Institutional area of distinctive to its priority and thrust within 200 words

Thr most distinctive feature of the college is that it is the only govt. college in Haryana which offers B.Ped and has the distinction of producing many athletes and sports persons, representing country at national and international level in the events like Volleyball, Basketball, Judo, Yachting, Taekwondo, Athletics, Ball Badminton, Lawn-Tennis, Mal-Khamb and Badminton. Afew achievements of the B.Ped students are as follows:

	DEPARTMENT OF PHYSICAL EDUCATION								
	Special Prize (Sports) (2019-2020)								
Sr.No.	Name	Father Name	Class	Roll No.	Game	Achievement			
1	Sapna	Late Sh. Balbir Singh	B.P.Ed- II	18091607	Wushu (Official)	Sub Junior National, Kalkata from 26/11/2019 to 30/11/2019. Senior National, Jammu from 27/12/2019 to 31/12/2019. All India Inter- University, Chandigarh 23/03/2019 to 26/03/2019. Junior National, Chandigarh 11/09/2019 to 14/09/2019. Inter- College, K.U.K. from 17/01/2020 to 18/01/2020 Inter- College, Punjab University from 07/02/2020 to 08/02/2020.			

	LIST OF OUTSTANDING PLAYERS OF SESSION 2021-22							
Sr.No.	Name	Father Name	Class	Roll No.	Game	Achievement		
1	Divesh	Sh. Rampal	B.P.Ed-I	12121609	Judo	international Judoka, attending India camp. achieved Silver Medal in All India Inter- University held at C.S.J.M.U., Kanpur from 25th March to 27th March, 2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 05th March 2022.		
2	Amit Nain	Sh. Ranbir Singh	B.P.Ed-I	12121639	Judo	international Judoka, attending India camp. participated in All India Inter-University held at C.S.J.M.U., Kanpur from 25th March to 27th March, 2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 05th March 2022.		

3	Monika Sihag	Sh. Ram Kishan Sihag	B.P.Ed- II	12020602	Hockey	attending in the Indian Camp. achieved <b>Silver Medal</b> in 11 <sup>th</sup> Hockey India Senior Women National Championship held at Jhansi, Uttar Pradesh from 21 Oct to 30 <sup>th</sup> Oct, 2021. achieved Gold Medal in Inter- College Tournament held at KUK, from 25th Nov to 27th Nov, 2021. His team secured 3rd postion in AIU Zonal Inter- University Championship organised at Guru
4	Deepak Saini	Sh. Vasudev Singh	B.P.Ed- II	12020656	Hockey	Nanak Dev University, Amritsar from 25/02/2022 to 02/03/2022. achieved Bronze Medal in Inter- College Tournament held at KUK, from 17th Nov to 19th Nov, 2021.
5	Vijay Kumar	Sh. Raj Kumar	B.P.Ed-I	12121623	Hockey	His team secured 3rd postion in AIU Zonal Inter- University Championship organised at Guru Nanak Dev University, Amritsar from 25/02/2022 to 02/03/2022. achieved Bronze Medal in Inter- College Tournament held at KUK, from 17th Nov to 19th Nov, 2021.
6	Kavita Rani	Sh. Bishan Dutt	B.P.Ed- II	12020614	Hockey	Her team secured 3rd position in All India Inter- University Championship, organised at Mohanlal Sukhadia University, Udaipur from 21/03/2022 to 27/03/2022. achieved Bronze Medal in North Zone Tournament held at KUK, achieved Gold Medal in Inter- College Tournament held at KUK, from 25th Nov to 27th Nov, 2021.
7	Sonia	Sh. Om Parkash	B.P.Ed-I	12122627	Hockey	Her team secured 3rd position in All India Inter- University Championship, organised at Mohanlal Sukhadia University, Udaipur from 21/03/2022 to 27/03/2022. achieved Bronze Medal in North Zone Tournament held at KUK, achieved Gold Medal in Inter- College Tournament held at KUK, from 25th Nov to 27th Nov, 2021.
8	Pooja Goswami	Sh. Hoshiar Singh	B.P.Ed- II	12020601	Hockey	Her team secured 3rd position in All India Inter- University Championship, organised at Mohanlal Sukhadia University, Udaipur from 21/03/2022 to 27/03/2022. achieved Bronze Medal in North Zone Tournament held at KUK, achieved Gold Medal in Inter- College Tournament held at KUK, from 25th Nov to 27th Nov, 2021.
9	Priya Rani	Sh. Tilak Raj	B.P.Ed-I	12122624	Hockey	Her team secured 3rd position in All India Inter- University Championship, organised at Mohanlal Sukhadia University, Udaipur from 21/03/2022 to 27/03/2022. achieved Bronze Medal in North Zone Tournament held at KUK, achieved Gold Medal in Inter- College Tournament held at KUK, from 25th Nov to 27th Nov, 2021.

10	Simran	Sh. Satish Kumar	B.P.Ed-I	12122605	Kho-Kho	Her team secured 3rd position in All India Inter- University Championship, organised at Lovely Professional University, Phagwara from 21/06/2022 to 23/06/2022.
11	Pummi	Sh. Manoj	B.P.Ed-I	12122604	Kho-Kho	Her team secured 3rd position in All India Inter- University Championship, organised at Lovely Professional University, Phagwara from 21/06/2022 to 23/06/2022.
12	Meenakshi	Sh. Yatender Kumar Premi	B.P.Ed-I	12122603	Gymnastics	Asian Medalist. participated in All India Inter-University Gymnastic Artistic Team Championship held at G.N.D.U., Amritsar from 29th March to 31th March, 2022. achieved Bronze Medal in Inter- College (Artistic) Tournament held at KUK, from 05th March & 06th March 2022. achieved Silver Medal in Inter- College (Vaulting Horse) Tournament held at KUK, from 05th March & 06th March 2022.
13	Neel Kamal Singh	Sh. Munna Prasad Singh	B.P.Ed-I	12121638	Boxing	attending an Indian Camp. Participated in AIU National Inter- University Boxing Championship organized at Lovely Professional University, Phagwara from 25/12/2021 to 02/01/2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 1st Dec to 3rd Dec, 2021.
14	Rajat Sharam	Sh. Bharat Veer	B.A. II (Applied Psy.)	201201912	Snooker and Billiards	Ranked in Top 16 in Junior Snooker National Championship. Ranked as Semi- Finalist In State Snooker Championship. Ranked in Top 8 in Junior Billiards National Championship. Ranked as Winner In State Billiards Championship.
15	Rozy	Sh. Joginder Kumar	B.P.Ed-I	12122607	Gymnastic	particiapted in All India Inter-University Gymnastic Rhythmic Team Championship held at G.N.D.U., Amritsar from 29th March to 31th March, 2022. achieved Bronze Medal in Inter- College (Artistic) Tournament held at KUK, from 05th March & 06th March 2022. achieved Silver Medal in Inter- College (Rythmic) Tournament held at KUK, from 05th March & 06th March 2022.
16	Shivani Jadiya	Sh. Surinder Jadiya	B.P.Ed-I	12122621	Gymnastic	participated in All India Inter-University Gymnastic Artistic Team Championship held at G.N.D.U., Amritsar from 29th March to 31th March, 2022. achieved Bronze Medal in Inter- College (Artistic) Tournament held at KUK, from 05th March & 06th March 2022.
17	Sagar	Sh. Sanjay	B.A-III	178	Athletics	particiapted in All India Inter-University Championship, organised at Mangalore University, Mangalore from 04/01/2022 to 07/01/2022. achieved Gold Medal- Shotput in Inter- College Tournament held at KUK, from 3rd Dec to 6th

						Dec, 2021.
18	Balpreet	Sh.	B.P.Ed-I	12121606	Snow Ice Stock	achieved one Gold and 3 Bronze medal in National Chapionship held at Gulmarg.
19	Rahul Jakhar	Sh. Randir Singh	B.P.Ed- II	12020652	Basketball	particiapted in All India Inter-University Championship, organised at Hindustan University, Chennai from 21/03/2022 to 24/03/2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 23rd Nov. to 25th Nov., 2021.
20	Yuvraj	Sh. Raj Kumar	B.P.Ed-I	12121619	Basketball	particiapted in All India Inter-University Championship, organised at Hindustan University, Chennai from 21/03/2022 to 24/03/2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 23rd Nov. to 25th Nov., 2021.
21	Yogesh	Sh. Pritam Singh	B.P.Ed-I	12121618	Basketball	particiapted in All India Inter-University Championship, organised at Hindustan University, Chennai from 21/03/2022 to 24/03/2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 23rd Nov. to 25th Nov., 2021.
22	Rahul Bidhasra	Sh. Om Parkash	B.AII	20107002143	Basketball	particiapted in All India Inter-University Championship, organised at Hindustan University, Chennai from 21/03/2022 to 24/03/2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 23rd Nov. to 25th Nov., 2021.
23	Yogesh	Sh. Rampal	B.P.Ed-I	12121618	Wushu	participated in All India Inter-University held at Patiala, from 28th March to 31st March, 2022. achieved Gold Medal in Inter- College Tournament held at KUK, from 18th Feb & 19th Feb, 2022.
24	Mamta	Sh. Krishan Murari	B.P.Ed-I	12122626	Wrestling (Free-Style)	participated in All India Inter-University held at Behal, Bhiwani from 14th March to 16th March, 2022. achieved Gold Medal in Inter- College Tournament (Free Style) held at KUK, from 4th Dec & 5th Dec, 2021.
25	Divya	Sh. Ravinder	B.P.Ed-I	12122632	Wrestling (Free-Style)	participated in All India Inter-University held at Behal, Bhiwani from 14th March to 16th March, 2022. achieved Gold Medal in Inter- College Tournament (Free Style) held at KUK, from 4th Dec & 5th Dec, 2021.
26	Ankit Kumar	Sh. Ram Bhagat	B.P.Ed- II	12020675	Wrestling (Free-Style)	participated in All India Inter University held at Bhiwani from 07th March to 10th March, 2022, achieved Gold Medal in Inter- College Tournament (Free Style) held at KUK, from 4th Dec & 5th Dec, 2021.

# **Incubation Centre:**

Another distinctive feature is the start-up incubation –cum-centre of excellence which caters to the colleges of Panchkula district in ore to promote self employment or entrepreneursip in the state of Haryana. A few highlights of its activities are:

